

Suggested Usage: Take 1/4 level teaspoon 2 to 3 times daily as needed, mixed in juice or water, preferably on an empty stomach.

GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet Enclosed.

This product is sold by weight not volume.

CODE 0215 V6



GABA

Pure Powder

Neurotransmitter Support*

Gamma-Aminobutyric Acid



Net Wt. 6 oz. (170 g)

A Dietary Supplement Vegetarian/Vegan

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Level Teaspoon (approx. 500 mg)
Servings Per Container about 340

Amount Per Serving	
GABA	500 mg*

* Daily Value not established.

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

