

Ready Fiber® is the world's first digestion-improving clear liquid fiber supplement. Every ounce provides 12 grams of fiber—more than most fiber supplements provide in 4 to 5 servings (300% MORE)!** Ready Fiber's taste-free and non-thickening formula is ready-to-use with NO mixing or water required; and can be added to ANY food or beverage, hot or cold.

Even more reasons why Ready Fiber is better:

- ✓ Doctor recommended formula used in hospitals
- ✓ Promotes better mineral absorption, including calcium
- ✓ Contains prebiotic FOS for improved digestive health
- ✓ NO risk of choking like powder and pill fibers, and...
- ✓ The Ready Fiber formula has been clinically studied to reduce laxative use and promote regularity!*

Fiber has been shown to support:

- Healthy regularity*
- Healthy cholesterol within normal levels*
- Healthy blood sugar within normal levels*
- Healthy digestion and intestinal microflora*
- Satiety for weight loss programs*

DIRECTIONS: Take 2 Tablespoons (1 Fl Oz / 30 mL) each day. In times of need an extra serving can be taken daily. Always consume adequate amounts of water throughout the day when taking any product containing fiber. Finish bottle within 6 months of opening.

CAUTION: Keep out of the reach of children. As with any supplement, infants, children and pregnant, or nursing mothers should consult with their health care professional before use.

*Clinical study shows use of 2 Fl Oz per day of the Ready Fiber formula with long-term care subjects improved regularity and reduced laxative use by 32% in only 20 days. **Compared to the leading powder fiber supplement, Ready Fiber has 300% more fiber per serving (12 grams vs. 3 grams).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**300%
More Fiber**

**Ready
Fiber®**



Ready-to-Use CLEAR LIQUID Fiber
No Mixing or Water Required!

- ▶ 54% Of Your Daily Fiber Per Serving
- ▶ Non-Thickening and Taste-Free
- ▶ Clinically Studied Formula Reduces Laxative Use by 32%*

100% Soluble Prebiotic Fiber with FOS

Gluten-Free • Doctor Recommended • Sugar-Free

Dietary Supplement 15 Fl Oz (444 mL)

Supplement Facts

Serving Size: 2 Tbsp (30 mL / 1 Fl Oz)

Servings Per Container: 15

Amount Per Serving	% Daily Value (DV)	
Calories	24	**
Total Carbohydrates	14 g	7%*
Dietary Fiber	12 g	54%*
Soluble Fiber	12 g	**
Sugar	0 g	**

*DV are based on a 2,000 calorie diet. **DV not established.

Ingredients: Purified water, **SoluPure™** [a proprietary blend polydextrose¹ (soluble fiber) and 5fructo-oligosaccharides (FOS)], glycerin, phosphoric acid, potassium benzoate and potassium sorbate.

Vegan and contains NO gluten, sugar, lactose, psyllium, gluten, dairy, soy, or artificial colors, flavors, or sweeteners.

LOW CALORIE FIBER SOURCE

¹Polydextrose has one calorie per gram of carbohydrates, compared to most fibers with four calories per gram.

No Refrigeration Necessary • Store in a Cool Dry Place
Do Not Use if Seal is Broken



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Manufactured GMP

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