

Sculpt n' Cleanse® is an effective, yet gentle and safe colon cleansing formula. It is "the 'First Step' to a better body™" and should be used in conjunction with any weight management, body shaping, anti-aging, general or digestive health program. Cleansing helps remove excess waste, and the toxins it may contain, from your body.

Colon cleansing can be beneficial for:

- Weight loss programs*
- Promoting regularity*
- Flattening a bloated waistline*
- Relieving occasional constipation*

DIRECTIONS: Take one or more capsules on an empty stomach (30 minutes before or 2 hours after meals) WITH 12 OZ. OF WATER. Start with 1-2 capsules a day and gradually increase until you have 2-4 bowel movements a day. It is best to spread the dosage out 2 times during the day – morning and evening (i.e. 1 and 1, 2 and 2, etc.). MAKE SURE TO DRINK AT LEAST 8 GLASSES OF WATER A DAY WHEN CLEANSING.

CAUTION: KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE WHEN abdominal pain, nausea or vomiting are present; or if you have had recent intestinal surgery or any history of intestinal obstruction, without the supervision and direction of a licensed health care professional. Rectal bleeding or failure to have a bowel movement may indicate a serious condition, discontinue use and consult your doctor. Consult with your physician if you have chronic constipation. **CALIFORNIA RESIDENTS PROPOSITION 65 WARNING:** This product contains chemicals known to the State of California to cause birth defects or other reproductive harm.

NOTICE: This product contains aloe, rhubarb, cascara sagrada, and senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because aloe, rhubarb, cascara sagrada and senna may worsen these conditions and may be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Sculpt n' Cleanse®

Colon Cleansing Formula

The "First Step" in
Weight Management,
Anti-Aging and Digestive Health™

Helps Support:

- Weight Loss Programs*
- Removal of Excess Toxins*
- Bloating Waistline Relief*

Gluten-Free ■ Vegetarian ■ Gentle & Safe
Dietary Supplement 175 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 87

Amount Per Serving	% Daily Value
Proprietary Blend:	900 mg **
Cascara Sagrada (bark), Senna (pod), Psyllium (seed), Turkey Rhubarb [<i>Rheum officinale</i> (root)], Slippery Elm (bark), Barberry [<i>Berberis vulgaris</i> (root)], and Cape Aloe [<i>Aloe ferox</i> (leaf)]	
**Daily Value not established	

Other Ingredients: Vegetable capsule.

Contains NO thermogenic stimulants, gluten, soy, yeast, wheat, dairy, and NO artificial colors or preservatives.

Store in a Cool, Dry Place • Keep Out of Direct Sunlight
Do Not Use If Seal Is Broken



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Manufactured cGMP

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