DYMATIZE®
NUTRITION

Supplement Facts

Serving Size: 2 Heaping Scoops (347 g) Servings Per Container: About 16

	With 24oz Water		With 32oz Whole Milk	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	1300		1900	
Calories from Fat	90		400	
Total Fat	10 g	15%*	45 g	68%*
Saturated Fat	3 g	15%*	21 g	105%*
Cholesterol	80 mg	27%	180 mg	58%
Total Carbohydrate	257 g	86%*	303 g	104%*
Dietary Fiber	5 g	20%*	5 g	20%*
Sugars	31 g	**	73 g	**
Protein	52 g	104%	83 g	166%
Vitamin A	3200 IU	64%	4700 IU	94%
Vitamin C	52 mg	87%	52 mg	87%
Vitamin E	21 IU	70%	21 IU	70%
Thiamin	0.6 mg	40%	1 mg	67%
Riboflavin	0.1 mg	6%	1.8 mg	106%
Niacin	15 mg	75%	15 mg	75%
Vitamin B6	1.5 mg	75%	1.8 mg	90%
Folate	340 mcg	85%	380 mcg	95%
Vitamin B12	1.8 mcg	30%	5.8 mcg	97%
Pantothenic Acid	8 mg	80%	12.5 mg	125%
Calcium	1100 mg	110%	2100 mg	210%
Iron	6 mg	33%	6 mg	33%
Phosphorus	730 mg	73%	1550 mg	155%
Iodine	150 mcg	100%	150 mcg	100%
Magnesium	70 mg	18%	160 mg	40%
Sodium	530 mg	22%	980 mg	41%
Potassium	1250 mg	36%	2500 mg	71%
Creatine Monohydrate	1.5 g	**	1.5 g	**
Zytrix® Advanced Enzyme Blend (Protease, Lipase, Lactase)	250 mg	**	250 mg	**

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
** Daily Value not established.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

✗These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Maximize Muscle Mass Growth with Super Mass Gainer!

Essential Nutrition to Build Mass and Muscle. Gaining mass is harder for some than others. Having a faster metabolism and on-the-go lifestyle makes it difficult to get the calories and protein you need for muscle growth. **Super Mass Gainer** provides 1,900 calories and 83 grams of high-quality proteins (with 32oz. whole milk) including whey protein isolate, hydrolyzed whey protein, and micellar casein, to deliver the nutrition you need in one convenient serving.

Loaded with Additional Muscle Fuel.✗ Each serving of **Super Mass Gainer** delivers 17 grams of Branched-Chain Amino Acids (BCAAs), which are depleted during intense training, and act directly in muscles to help promote the building of protein and speed recovery.✗ **Super Mass Gainer** also delivers 7.7 grams of L-Leucine, the BCAA that is directly involved in activating muscle protein synthesis, the process that builds your muscles and allows you to get stronger.✗ In addition to a comprehensive blend of critical amino acids, **Super Mass Gainer** provides you with 1.5 grams of Creatine Monohydrate as well as a full vitamin and mineral blend, all to support accelerated muscle gains.✗

Delicious Taste. Dymatize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create even more decadent flavors we know you will enjoy. **Super Mass Gainer**, the reward you deserve for all your hard work and dedication. So rich and delicious that you will look forward to the next shake.

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

DIRECTIONS FOR USE: Add 2 heaping scoops (approximately 2¼) of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds. *Note: Using milk will provide a thicker, creamier, higher-calorie shake.*

Shaker-cup friendly when using 1/2 serving or less. Shake for 30-45 seconds to allow for proper mixing.

INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Whey Protein Hydrolysate, Micellar Casein, Egg Albumin), Cocoa Powder (Processed with Alkali), Sunflower creamer (Sunflower Oil, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols and Tricalcium Phosphate), Fructose, Natural and Artificial Flavors, Vitamin & Mineral Blend (Tricalcium Phosphate (Calcium), Sodium Ascorbate (Vitamin C), D-Alpha Tocopheryl Acetate (Vitamin E), Niacinamide (Vitamin B3), Retinol Palmitate (Vitamin A), Calcium-D-Pantothenate (Vitamin B5), Potassium Iodide (Iodine), Folic Acid (Vitamin B9), Pyridoxine Hydrochloride (Vitamin B6), Thiamine Hydrochloride (Vitamin B1), Riboflavin (Vitamin B2), Cyanocobalamin (Vitamin B12)), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Potassium Chloride, Salt, Acesulfame Potassium, Sucralose.

Contains: Milk, Egg, Soy (Lecithin)

Manufactured & Distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75234 USA
(888) 334-LEAN / DYMATIZE.COM

TYPICAL AMINO ACID PROFILE♦

ESSENTIAL AMINO ACIDS	
Leucine (BCAA)	7,753 mg
Isoleucine (BCAA)	4,082 mg
Valine (BCAA)	5,429 mg
Histidine	2,003 mg
Lysine	6,092 mg
Methionine	1,941 mg
Phenylalanine	4,071 mg
Threonine	3,931 mg
Tryptophan	1,066 mg
CONDITIONALLY ESSENTIAL	
Glutamine♦	16,305 mg
Arginine	2,599 mg
Cysteine	3,463 mg
Glycine	828 mg
Tyrosine	1,454 mg
NON-ESSENTIAL AMINO ACIDS	
Aspartic Acid	7,131 mg
Alanine	2,895 mg
Proline	6,684 mg
Serine	4,356 mg

♦includes Glutamic Acid
STORAGE: Store in a cool, dry place.
ASPARTAME FREE

INFORMED-CHOICE.ORG
Trusted by sport

MADE IN THE USA
from domestic and international ingredients

Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. Notice: Use this product as a food supplement only. Do not use for weight reduction.

DYMATIZE ENTERPRISES, LLC
PLANT# 3005816913

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NEW FLAVOR

DYMATIZE®
NUTRITION

ZYTRIX
Advanced Enzyme Matrix

SUPER MASS GAINER

CALORIES	PROTEIN	BCAAs	LEUCINE
1,900 KCAL♦	83 GRAMS♦	17 GRAMS♦	7.7 GRAMS♦

♦PER SERVING WITH 32oz. WHOLE MILK

CHOCOLATE MINT

NATURALLY & ARTIFICIALLY FLAVORED

GLUTEN-FREE

NET WT 12 LBS (5.4 kg)

DIETARY SUPPLEMENT