

**Suggested Usage:** Take 1 capsule 1 to 3 times daily.

L-Lysine is an essential amino acid that must be obtained through the diet or through supplementation.\* Lysine is necessary for the production of all proteins in the body, and is required for the maintenance of the structural proteins collagen and elastin, which form all connective tissue such as skin, tendon, and bone.\* L-Lysine is also a precursor to L-carnitine, which is needed for fat metabolism and energy production.\* In addition, L-Lysine may help to support a healthy immune system and proper cardiovascular function.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

**Do Not Eat Freshness Packet. Keep in Bottle.**

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0112 V4



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# L-Lysine

## 500 mg

Essential Amino Acid

- Supports Collagen Synthesis\*
- Healthy Immune Function\*



**250 Capsules**  
A Dietary Supplement

Amino Acids

*Family owned since 1968.*

## Supplement Facts

Serving Size 1 Capsule

### Amount Per Serving

|                                        |         |
|----------------------------------------|---------|
| L-Lysine (from L-Lysine Hydrochloride) | 500 mg* |
|----------------------------------------|---------|

\* Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source), Cellulose, Rice Flour and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA    [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® L-Lysine is a Pharmaceutical Grade essential amino acid.

Store in a cool, dry place after opening.

Please Recycle.

