

COOKIES & CREAM

Supplement Facts

	With 200 mg Daily	With 400 mg Daily	With 800 mg Daily
	Age Mean	Age Mean	Age Mean
Calcium	5330	1080	2500
Nonfat Soluble Fat	80	80	370
Total Fat	9.5	14.0	4.0
Cholesterol	100	100	100
Oxidized	25	25	200
Non Cholesterol	25	25	60
Cholesterol Ester	75	75	140
Sodium	25	0	0
Protein	35	60	100
Glucose	35	60	100
Phosphorus	35	60	100
Vitamin C	40	100	60
Vitamin E	40	100	200
Vitamin B1	40	100	100
Vitamin B2	40	100	100
Vitamin B6	40	100	100
Folate	40	100	100
Niacin	40	100	100
Thiamine	40	100	100
Choline	40	100	100
Vitamin B12	40	100	100
Vitamin B3	40	100	100
Vitamin B5	40	100	100
Vitamin B7	40	100	100
Vitamin B9	40	100	100
Vitamin B10	40	100	100
Vitamin B11	40	100	100
Vitamin B12	40	100	100
Vitamin B13	40	100	100
Vitamin B14	40	100	100
Vitamin B15	40	100	100
Vitamin B16	40	100	100
Vitamin B17	40	100	100
Vitamin B18	40	100	100
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Vitamin B24	40	100	100
Vitamin B25	40	100	100
Vitamin B26	40	100	100
Vitamin B27	40	100	100
Vitamin B28	40	100	100
Vitamin B29	40	100	100
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Vitamin B31	40	100	100
Vitamin B32	40	100	100
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Vitamin B70	40	100	100
Vitamin B71	40	100	100
Vitamin B72	40	100	100
Vitamin B73	40	100	100
Vitamin B74	40	100	100
Vitamin B75	40	100	100
Vitamin B76	40	100	100
Vitamin B77	40	100	100
Vitamin B78	40	100	100
Vitamin B79	40	100	100
Vitamin B80	40	100	100
Vitamin B81	40	100	100
Vitamin B82	40	100	100
Vitamin B83	40	100	100
Vitamin B84	40	100	100
Vitamin B85	40	100	100
Vitamin B86	40	100	100
Vitamin B87	40	100	100
Vitamin B88	40	100	100
Vitamin B89	40	100	100
Vitamin B90	40	100	100
Vitamin			

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Hydrolysate), Soy Protein Hydrolysate, Molasses Cane, Egg Albumen, Cocoa Processed with Alkali, Sunflower Oil, Creamer [Skimmed Oil, Maltodextrin, Sodium Caseinate], Natural & Synthetic Colors, Natural Tocopherols and Tri-Calcium Phosphate, Cocoa Beans [Sugar, Corn Germ, Corn Syrup, Modified Food Starch, Potassium Sorbate, Citric Acid, Natural Flavors], Sugar, Cocoa Powder, Vegetable Oil Colmanseed and/or Safflower, Cocoa Processed with Alkali, Natural and Artificial Flavor, Titanium Dioxide, Natural and Artificial Flavor, Vitamin E, Lecithin, Vanillin & Mineral Blend (Vanillin A, Pteridine, Oxidized Glutathione, Calcium Phosphate, Sodium Ascorbate).
6-Alkyl Tocopheryl Acetate, Nicotinic Acid, Calcium D-Pantothenate, Zinc Oxide, Polysorbate Hydroxytoluenes, Thiamine Hydrochloride, Folic Acid, Biotin, Riboflavin, Potassium Iodate, Glycerolacetates, Chromium Chloride, Sodium Selenium, Gum Blend Cellulose Gum, Xanthan Gum, Carapigment, Potassium Chloride, Soy Lecithin, Ascorbyl Tetrahydrogen Potassium Succinate.

Contains Milk, Egg and Soy



Manufactured & Distributed by:
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DIRECTIONS FOR USE: Add 2 1/2 scoops of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds. *Note: Using milk will provide a thicker, creamier, higher-calorie shake.*



Shaker-cup friendly when using
seconds to allow for proper mixing



Advanced Enzyme Matrix

Maximize Muscle Mass Growth with Super Mass Gainer

Essential Nutrition to Build Mass and Muscle. Gaining mass is harder for some than others. Having a faster metabolism and on-the-go lifestyle makes it difficult to get the calories and protein you need for muscle growth. **Super Mass Gainer** provides 1,800 calories and 83 grams of high-quality proteins (with 32oz. whole milk) including whey protein isolate, hydrolyzed whey protein, and micellar casein, to deliver the nutrition you need in one convenient serving.

ESSENTIAL AMINO ACIDS	TYPICAL AMINO ACID PROFILE*
Leucine (BCAA)	3,760 mg
Isoleucine (BCAA)	4,092 mg
Valine (BCAA)	5,400 mg

that is directly involved in activating muscle protein synthesis, the process that builds your muscles and allows you to get stronger. ² In addition to a comprehensive blend of critical amino acids, Super Mass Gainer provides you with 15 grams of Creatine Monohydrate as well as a full vitamin and mineral blend, all to support accelerated muscle gains. ⁴	<table border="1"> <tbody> <tr> <td>Histidine</td> <td>2,000 mg</td> </tr> <tr> <td>Lysine</td> <td>5,092 mg</td> </tr> <tr> <td>Methionine</td> <td>1,841 mg</td> </tr> <tr> <td>Phenylalanine</td> <td>4,071 mg</td> </tr> <tr> <td>Threonine</td> <td>3,891 mg</td> </tr> <tr> <td>Tryptophan</td> <td>1,066 mg</td> </tr> </tbody> </table>	Histidine	2,000 mg	Lysine	5,092 mg	Methionine	1,841 mg	Phenylalanine	4,071 mg	Threonine	3,891 mg	Tryptophan	1,066 mg
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	CONDITIONALLY ESSENTIAL												
	Glutamine & Alanine												

Delicious Taste. Dymalize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create even more decadent flavors we know you will enjoy. Super Mass Gainer, the reward you deserve for all your hard	Gluconic Acid	16,300 mg
	Arginine	2,599 mg
	Cysteine	3,463 mg
	Glycine	828 mg
	Tyrosine	1,454 mg

work and dedication. So rich and delicious that you will look forward to the next shake. YOUR AMBITION. OUR NUTRITION.™ DIAMATIZE NUTRITION®	NON-ESSENTIAL AMINO ACIDS Aspartic Acid 7,131 mg Alanine 2,895 mg Proline 6,684 mg Serine 4,356 mg
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CALORIES	PROTEIN	BCAAs	VITAMINS
1,900 KCAL*	83 GRAMS*	17 GRAMS*	22 A MINERALS*

*PER SERVING WITH 32oz. WHOLE MILK



NET WT 12 LBS (5.4 kg)

**DIETARY
SUPPLEMENT**

DYMATIZ® ENTERPRISES, LLC • ITC APPROVED • PLANT# 300381491

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.