

TRY OUR FULL LINE OF FLAVORS!

GOURMET VANILLA

Supplement Facts

	Per Scoop (30g)	Per Scoop (30g)
	Amount	% Daily Value*
Calories	1500	1500
Calories from Fat	90	360
Total Fat	9.0g	18%
Saturated Fat	1.5g	3%
Cholesterol	105mg	21%
Total Carbohydrate	250g	500%
Dietary Fiber	3g	12%
Protein	83g	166%
Vitamin A	5000 IU	64%
Vitamin C	60mg	100%
Vitamin D	180 IU	45%
Vitamin E	21 IU	70%
Thiamin	0.8mg	32%
Niacin	15mg	75%
Vitamin B6	1.5mg	75%
Folate	400mcg	100%
Vitamin B12	1.8mcg	30%
Biotin	225mcg	75%
Phosphoric Acid	8mg	36%
Calcium	100mg	10%
Iron	4.8mg	27%
Phosphorus	700mg	70%
Iodine	90mcg	60%
Magnesium	70mg	18%
Zinc	10.5mg	70%
Selenium	70mcg	100%
Chromium	30mcg	75%
Sodium	500mg	21%
Potassium	700mg	70%
Creatine Monohydrate	15g	15g
Zylin® Digestive 250mg	250mg	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Whey Protein Hydrolysate, Micellar Casein, Egg Albumen), Sunflower Protein, Soy Protein Isolate, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols and Tri-Calcium Phosphate, Tri-Calcium Phosphate, Fructose, Natural and Artificial Flavors, Vitamin A Palmitate, Cholecalciferol, Calcium Phosphate, Sodium Ascorbate, d-Alpha Tocopherol, Calcium Nicotinate, Calcium D-Pantothenate, Zinc Oxide, Potassium Hydroxide, Hydrochloric Acid, Beta, Beta, Beta, Potassium Iodide, Cytocobalamin, Chromium Chloride, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Potassium Chloride, Soy Lecithin, Acesulfame Potassium, Sucralose, Contains Milk, Egg and Soy.



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RICH CHOCOLATE

Supplement Facts

	Per Scoop (30g)	Per Scoop (30g)
	Amount	% Daily Value*
Calories	1500	1500
Calories from Fat	90	360
Total Fat	10.0g	20%
Saturated Fat	2.0g	4%
Cholesterol	105mg	21%
Total Carbohydrate	250g	500%
Dietary Fiber	3g	12%
Protein	83g	166%
Vitamin A	5000 IU	64%
Vitamin C	60mg	100%
Vitamin D	180 IU	45%
Vitamin E	21 IU	70%
Thiamin	0.8mg	32%
Niacin	15mg	75%
Vitamin B6	1.5mg	75%
Folate	400mcg	100%
Vitamin B12	1.8mcg	30%
Biotin	225mcg	75%
Phosphoric Acid	8mg	36%
Calcium	100mg	10%
Iron	4.8mg	27%
Phosphorus	700mg	70%
Iodine	90mcg	60%
Magnesium	70mg	18%
Zinc	10.5mg	70%
Selenium	70mcg	100%
Chromium	30mcg	75%
Sodium	500mg	21%
Potassium	700mg	70%
Creatine Monohydrate	15g	15g
Zylin® Digestive 250mg	250mg	

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STRAWBERRY

Supplement Facts

	Per Scoop (30g)	Per Scoop (30g)
	Amount	% Daily Value*
Calories	1500	1500
Calories from Fat	90	360
Total Fat	10.0g	20%
Saturated Fat	2.0g	4%
Cholesterol	105mg	21%
Total Carbohydrate	250g	500%
Dietary Fiber	3g	12%
Protein	83g	166%
Vitamin A	5000 IU	64%
Vitamin C	60mg	100%
Vitamin D	180 IU	45%
Vitamin E	21 IU	70%
Thiamin	0.8mg	32%
Niacin	15mg	75%
Vitamin B6	1.5mg	75%
Folate	400mcg	100%
Vitamin B12	1.8mcg	30%
Biotin	225mcg	75%
Phosphoric Acid	8mg	36%
Calcium	100mg	10%
Iron	4.8mg	27%
Phosphorus	700mg	70%
Iodine	90mcg	60%
Magnesium	70mg	18%
Zinc	10.5mg	70%
Selenium	70mcg	100%
Chromium	30mcg	75%
Sodium	500mg	21%
Potassium	700mg	70%
Creatine Monohydrate	15g	15g
Zylin® Digestive 250mg	250mg	

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INGREDIENTS: Maltodextrin, Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Whey Protein Hydrolysate, Micellar Casein, Egg Albumen), Sunflower Protein, Soy Protein Isolate, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols and Tri-Calcium Phosphate, Tri-Calcium Phosphate, Fructose, Natural and Artificial Flavors, Vitamin A Palmitate, Cholecalciferol, Calcium Phosphate, Sodium Ascorbate, d-Alpha Tocopherol, Calcium Nicotinate, Calcium D-Pantothenate, Zinc Oxide, Potassium Hydroxide, Hydrochloric Acid, Beta, Beta, Beta, Potassium Iodide, Cytocobalamin, Chromium Chloride, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Potassium Chloride, Soy Lecithin, Acesulfame Potassium, Sucralose, Contains Milk, Egg and Soy.



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BANANA SMOOTHIE

Supplement Facts

	Per Scoop (30g)	Per Scoop (30g)
	Amount	% Daily Value*
Calories	1500	1500
Calories from Fat	90	360
Total Fat	10.0g	20%
Saturated Fat	2.0g	4%
Cholesterol	105mg	21%
Total Carbohydrate	250g	500%
Dietary Fiber	3g	12%
Protein	83g	166%
Vitamin A	5000 IU	64%
Vitamin C	60mg	100%
Vitamin D	180 IU	45%
Vitamin E	21 IU	70%
Thiamin	0.8mg	32%
Niacin	15mg	75%
Vitamin B6	1.5mg	75%
Folate	400mcg	100%
Vitamin B12	1.8mcg	30%
Biotin	225mcg	75%
Phosphoric Acid	8mg	36%
Calcium	100mg	10%
Iron	4.8mg	27%
Phosphorus	700mg	70%
Iodine	90mcg	60%
Magnesium	70mg	18%
Zinc	10.5mg	70%
Selenium	70mcg	100%
Chromium	30mcg	75%
Sodium	500mg	21%
Potassium	700mg	70%
Creatine Monohydrate	15g	15g
Zylin® Digestive 250mg	250mg	

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COOKIES & CREAM

Supplement Facts

	Per Scoop (30g)	Per Scoop (30g)
	Amount	% Daily Value*
Calories	1500	1500
Calories from Fat	90	360
Total Fat	10.0g	20%
Saturated Fat	2.0g	4%
Cholesterol	105mg	21%
Total Carbohydrate	250g	500%
Dietary Fiber	3g	12%
Protein	83g	166%
Vitamin A	5000 IU	64%
Vitamin C	60mg	100%
Vitamin D	180 IU	45%
Vitamin E	21 IU	70%
Thiamin	0.8mg	32%
Niacin	15mg	75%
Vitamin B6	1.5mg	75%
Folate	400mcg	100%
Vitamin B12	1.8mcg	30%
Biotin	225mcg	75%
Phosphoric Acid	8mg	36%
Calcium	100mg	10%
Iron	4.8mg	27%
Phosphorus	700mg	70%
Iodine	90mcg	60%
Magnesium	70mg	18%
Zinc	10.5mg	70%
Selenium	70mcg	100%
Chromium	30mcg	75%
Sodium	500mg	21%
Potassium	700mg	70%
Creatine Monohydrate	15g	15g
Zylin® Digestive 250mg	250mg	

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DYMATIZE
NUTRITION

DIRECTIONS FOR USE: Add 2 1/2 scoops of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds. Note: Using milk will provide a thicker, creamier, higher-calorie shake.

Shaker-cup friendly when using 1/2 serving or less. Shake for 30-45 seconds to allow for proper mixing.



Advanced Enzyme Matrix

SUPER MASS GAINER

CALORIES 1,900
PROTEIN 83
BCAAs 17
VITAMINS 22

*PER SERVING WITH 32oz. WHOLE MILK



NET WT 12 LBS (5.4 kg)

DIETARY SUPPLEMENT

DYMATIZE
NUTRITION

Maximize Muscle Mass Growth with Super Mass Gainer!

Essential Nutrition to Build Mass and Muscle. Gaining mass is harder for some than others. Having a fast metabolism and on-the-go lifestyle makes it difficult to get the calories and protein you need for muscle growth. Super Mass Gainer provides 1,900 calories and 83 grams of high-quality proteins (with 32oz. whole milk) including whey protein isolate, hydrolyzed whey protein, and micellar casein, to deliver the nutrition you need in one convenient serving.

Loaded with Additional Muscle Fuel! Each serving of Super Mass Gainer delivers 17 grams of Branched-Chain Amino Acids (BCAAs), which are depleted during intense training, and act directly in practice to help promote the building of protein and speed recovery.* Super Mass Gainer also delivers 2.7 grams of L-Leucine, the BCAA that is directly involved in activating muscle protein synthesis, the process that builds your muscles and allows you to get stronger.* In addition to a comprehensive blend of critical amino acids, Super Mass Gainer provides you with 1.5 grams of Creative Monohydrate as well as a full vitamin and mineral blend, all to support accelerated muscle gains.*

TYPICAL AMINO ACID PROFILE*	
ESSENTIAL AMINO ACIDS	
Alanine	2,140 mg
Arginine	1,450 mg
Aspartic Acid	1,450 mg
Glutamine	1,450 mg
Glutamic Acid	1,450 mg
Proline	1,450 mg
Serine	1,450 mg
Threonine	1,450 mg
Tyrosine	1,450 mg
Valine	1,450 mg
Non-Essential Amino Acids	
Aspartic Acid	1,450 mg
Glutamic Acid	1,450 mg
Proline	1,450 mg
Serine	1,450 mg

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

Delicious Taste. Dymatize has taken flavor to a whole new level! Our in-house flavor specialists worked long and hard to create even more decadent flavors we know you will enjoy. Super Mass Gainer, the reward you deserve for all your hard work and dedication. So rich and delicious that you will look forward to the next shake.

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

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