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Other Ingredients: Purified water, natural glycerin, malic acid, natural orange/mango flavor, xanthan gum, purified stevia extract and potassium sorbate.

Manufactured in Canada for:
Douglas Laboratories
 600 Boyce Road
 Pittsburgh, PA 15205 USA
www.douglaslabs.com
 1.888.DOUGLAB

Suggested Usage: As a dietary supplement, adults take 2 teaspoons or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
 For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200527



Liquid Multivitamin

A Dietary Supplement



7.8 fl. oz. (230 ml)

Supplement Facts

Serving Size 2 teaspoons (approx. 10 ml) • Servings Per Container 23

Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	1,000 IU 20%
Vitamin C (ascorbic acid).....	100 mg 167%
Vitamin D-3 (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopherol)	30 IU 100%
Thiamine (as Thiamine HCl).....	7.5 mg 500%
Riboflavin (as Riboflavin-5-Phosphate)	4 mg 235%
Niacin (Vitamin B-3, as Niacinamide	45 mg 225%
and Inositol Nicotinate)	
Vitamin B-6 (as Pyridoxine HCl)	5 mg 250%
Folic Acid.....	400 mcg 100%
Vitamin B-12 (as methylcobalamin)	30 mcg 500%
Biotin	400 mcg 133%
Pantothenic Acid (Vitamin B-5,	25 mg 250%
as d-calcium pantothenate)	
Calcium (as Calcium Lactate Gluconate)	40 mg 4%
Iodine (as Potassium Iodide)	75 mcg 50%
Magnesium (as Magnesium Gluconate)	20 mg 5%
Zinc (as Zinc Gluconate).....	15 mg 100%
Manganese (as Manganese Aspartate)	1 mg 50%
Chromium (as Chromium Picolinate).....	200 mcg 167%
Molybdenum (as Molybdenum Aspartate)	75 mcg 100%
Choline (from Choline Bitartrate)	20 mg *
Lycopene.....	3 mg *
Lutein.....	3 mg *
Inositol (as Inositol Nicotinate)	2.5 mg *
Boron (as Boron Glycinate)	700 mcg *

*Daily Values not established.