

Suggested Usage: Take 1 capsule 1 to 3 times daily, preferably with food.

L-Carnosine (beta-Alanyl-L-Histidine) is a dipeptide, consisting of alanine and histidine. It is naturally found in high concentrations in skin, muscles and nerve tissues and its levels are known to decrease with age. L-Carnosine protects cell and tissue structures during the aging process through its free-radical neutralizing and membrane-stabilizing functions.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

CODE 0078 V3



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CAPSULE SIZE



L-Carnosine 500 mg

Healthy Aging*

- Supports Muscle Vitality*
- Free Radical Scavenger*
- Supports Cell Integrity*

50 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Carnosine (β-alanyl-L-histidine)	500 mg*
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* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

