

- Cold Processed and Microfiltered
- Branched Chain Amino Acids and L-Glutamine

Our whey protein is sourced from milk produced in the United States from cows not treated with rBGH (recombinant bovine growth hormone).

Whey protein supports the body's ability to maintain, increase, and repair muscle. It also provides micro-proteins such as B-lactoglobulin, A-lactalbumin, immunoglobulin, glycomacropeptide, and lactoferrin, which are important for immune system function.[†]

Whey surpasses even whole eggs in its ability to deposit nitrogen in the muscle. Our **Show Me The Whey®** has highly bioavailable undenatured proteins and branched chain amino acids (BCAA's), making it ideal to promote muscle repair, maintenance, and growth. The free-form amino acid glutamine has been added to further support muscle health.[†]

Our proprietary process uses only natural enzymes and high quality membrane filters to separate the whey and preserve essential nutrients. This state-of-the-art processing using low temperatures creates a complete spectrum of whey peptides, improving nitrogen retention, supporting immune system health, and providing antioxidant protection. Whey supports cellular glutathione levels, one of nature's important antioxidants.[†]

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine	1,150 mg	Lysine [‡]	2,083 mg
Arginine	968 mg	Methionine [‡]	960 mg
Aspartic Acid	2,325 mg	Phenylalanine [‡]	743 mg
Cysteine	687 mg	Proline	1,110 mg
Glutamic Acid	3,728 mg	Serine	931 mg
Glycine	363 mg	Threonine [‡]	1,238 mg
Isoleucine	417 mg	Tryptophan [‡]	459 mg
Isoleucine** [‡]	1,332 mg	Tyrosine	787 mg
Leucine [‡]	2,597 mg	Valine [‡]	1,222 mg

• Branched Chain Amino Acid ‡ Essential Amino Acid

Each serving is fortified with 75 mg L-Glutamine.

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Unflavored • Unsweetened **SHOW ME THE WHEY®**

• Natural Flavor •

**Supports Muscle Development & Repair
While Providing Antioxidant Protection†**

- From cows not treated with rBGH
- No added sugar or sweeteners



Dietary Supplement

22 SERVINGS	21g SERVING SIZE	85 CALORIES	18g PROTEIN	1g FAT	1g CARBS
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NET WT 16.5 oz (468 g)

Supplement Facts

Serving Size: One Scoop (21 g)
Servings Per Container: About 22

Amount Per Serving		% Daily Value
Calories		85
Calories from Fat		10
Total Fat	1 g	2%**
Saturated Fat	0.5 g	0%**
Cholesterol	30 mg	10%
Total Carbohydrate	1 g	<1%**
Protein	18 g	36%**
Calcium	80 mg	8%
Sodium	55 mg	2%
Potassium	120 mg	3%
L-Glutamine	75 mg	*

** Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: COLD PROCESSED AND MICROFILTERED NON-rBGH WHEY PROTEIN ISOLATE (MILK), COLD PROCESSED AND MICROFILTERED NON-rBGH WHEY PROTEIN CONCENTRATE (MILK), NON-GMO SOY LECITHIN.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, crustacean shellfish or fish.

DIRECTIONS: Add one scoop (included in can) of powder to 8 oz. of milk, juice, yogurt, pudding, or favorite beverage. Thoroughly shake or blend the product to ensure it is well dispersed. Store powder at room temperature, not exceeding 77° F.

CONTAINS Milk, Soy.