

Meeting daily calcium requirements is important to maintain bone density and strength. In addition, an adequate supply of magnesium is vital to healthy bones and teeth. These two minerals also support muscle and nerve function.[†] Our **Cal-Mag Citrate Complex** includes citrate and ascorbate forms of calcium, plus vitamin D3 for higher absorbability.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegetarian
**CAL-MAG
CITRATE COMPLEX**
with Vitamin D3

Helps Maintain Bone Density and Strength[†]

Dietary Supplement
100 VEGETARIAN TABLETS



Supplement Facts

Serving Size 4 Tablets
Servings Per Container 25

Amount Per Serving	% Daily Value	
Vitamin D3 (as cholecalciferol).....	400 IU	100%
Calcium (from calcium citrate, ascorbate)	1,000 mg	100%
Magnesium (from magnesium oxide, citrate) ...	500 mg	125%

Other Ingredients: Cellulose, silica, stearic acid (vegetable source), magnesium stearate (vegetable source), glycerin.

SUGGESTED USE: Take four tablets daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VL 601-100P

