

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS:

SUGGESTED USE: Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. *To be used as part of a physical conditioning program.*

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN



FACILITATES LEAN MUSCLE TISSUE GROWTH AND ENHANCES RECOVERY!

ADVANTAGE OF A PREMIUM PROTEIN BLEND

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.*

BIOAVAILABILITY

The protein sources found in Amplify® XL rank highest on the biological value scale.

Stack Amplify® XL with any PMD® sports nutrition product for greater increases in muscle strength, mass, energy, toning, recovery and performance.*

PREMIUM PROTEIN BLEND



10g of Glutamine + Branch Chain Amino Acids



HYDRO-GREENS Blend

Seeds + Greens + Hydration



AMPLIFY®

Dietary Supplement

25g

Protein

10g

Glutamine + BCAAs

0g

Added Sugar

Per Serving

GLUTEN FREE

NET WT. 4LBS. (1,816 G)

PROTEIN ABSORPTION* | LEAN MUSCLE GAINS* | MUSCLE RECOVERY*

No Added Sugar

Gluten Free

Aspartame Free

No Artificial Colors

Trans Fat Free

Yeast Free

Preservatives Free

Caffeine Free

Supplement Facts

Serving Size 37.85 g (1 scoop) Servings Per Container 48

Amount Per Serving		%DV**	Amount Per Serving		%DV**
Calories		140	Premium Protein Blend 25 g		†
Calories from Fat		15	Quick Release Blend		
Total Fat	1.5 g	2%**	Whey Protein Concentrate,		
Saturated Fat	0.76 g	3%**	Whey Protein Isolate,		
Cholesterol	67 mg	22%**	Whey Protein Hydrolysate,		
Total Carbohydrate	6 g	2%**	Controlled Release Blend		
Dietary Fiber	2 g	8%**	Egg Protein		
Sugar††	2 g	†	Hydro Greens Blend 1,250 mg		†
Protein	25 g	50%**	Seed Health Blend		
Vitamin A (as Retinyl Palmitate)	500 IU	10%	Flax Seed Powder, Chia (<i>Savia</i>		
Vitamin C (as Ascorbic Acid)	15 mg	25%	<i>hispanica</i>) Seed Powder		
Vitamin E (as D L-Alpha Acetate)	7.5 IU	25%	Greens Health Blend		
Thiamin (as Thiamin HCl)	150 mcg	10%	Coconut (<i>Cocos nucifera</i>) Water Powder,		
Riboflavin	170 mcg	10%	Spirulina (Blue Green Algae), Chlorella		
Niacin (as Niacinamide/Nicotinamide)	2 mg	10%	pyrenoidosa Whole Plant Powder,		
Vitamin B6 (as Pyridoxine HCl)	200 mcg	10%	Wheat Grass (<i>Triticum aestivum</i>) Aerial		
Folate (as Folic Acid)	40 mcg	10%	Powder (Gluten Free), Maca (<i>Lepidium</i>		
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	10%	<i>meyenii</i>) Root Extract 4:1		
Vitamin B5 (as Pantothenic Acid)	1 mg	10%	Promax™ Enzyme Blend 300 mg		†
Calcium	123 mg	12%	Lipase, Protease, Amylase, Bromelain		
Iron	0.45 mg	3%	(<i>Anana comosus</i>) Stem Extract, Cellulase		
Sodium	60 mg	3%	**Percent Daily Values (DV) are based on a 2,000 calorie diet.		

Other Ingredients: Fibersol® -2, Natural and Artificial Flavors, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Soy Lecithin, Sodium Silicoaluminate, Tocopherols), Xanthan Gum, Carboxymethylcellulose, Salt, Red Beet Juice Powder (for Color), Citric Acid, Sucralose, Acesulfame Potassium

CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts. **FREE OF:** ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

‡Denotes naturally occurring and added free form amino acid.

††Indicates naturally occurring sugar derived from whey protein blend sources.

Amino Acids (Approx. Values)	25 g
BCAA+ INFUSION	
L-GlutamineΔ	5.00 g
L-Leucine	2.50 g
L-Isoleucine	1.50 g
L-Valine	1.41 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

Manufactured in accordance with current Good Manufacturing Practices (cGMP).



FITLIFE BRANDS

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For Product Questions:
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