

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate, silica, natural glycerin and water.

††Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, flavoring, or preservatives.

Suggested Usage: As a dietary supplement, adults take 1 pack daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN
For oral administration only. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper resistant package, do not use if outer seal is missing.

 OxyPhyte® is a registered trademark of RFI Ingredients.

VitaBlue™ is a trademark of FutureCeuticals.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Formula #65392



Men's Health Pack

A Dietary Supplement



30 Packs

Supplement Facts

Serving Size 1 Pack (3 tablets / 2 capsules / 1 softgel per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV†
Calories	10.5	Chromium	100 mcg 83%
Calories from Fat	9	(Organically bound with GTF activity—low allergenicity)	
Total Fat	1 g <2%	Molybdenum (from Molybdenum Krebs††)	50 mcg 66%
Saturated Fat	0 g 0%	Potassium	49.5 mg <1%
Polyunsaturated Fat	0.5 g	(from Potassium Aspartate Complex)	
Cholesterol	6 mg 2%		
Vitamin A	12,500 IU 250%	Proprietary Blend	350 mg *
(40% as Vitamin A Palmitate/ 60% as Beta-Carotene)		OxyPhyte® Standardized White Tea	
Vitamin C (Ascorbic Acid)	600 mg 1,000%	Extract (leaf, minimum 90% polyphenols), OxyPhyte® Fruit	
Vitamin D-3	500 IU 125%	Blend (apple and pomegranate extracts, fruit) and VitaBlue™	
Vitamin E (as Vitamin E Succinate)	200 IU 667%	Wild Blueberry Extract (fruit).	
Thiamine (as Thiamine HCl)	50 mg 3,333%	Choline (from Choline Citrate/Bitartrate)	30 mg *
Riboflavin	25 mg 1,470%	Inositol	50 mg *
Niacin/Niacinamide	95 mg 475%	Citrus Bioflavonoid Complex	50 mg *
Vitamin B-6	50 mg 2,500%	PABA (para-Aminobenzoic Acid)	25 mg *
(as Pyridoxine HCl / Pyridoxal-5-Phosphate Complex)		Vanadium (from Vanadium Krebs†)	25 mcg *
Folate (as L-methylfolate, Metafolin®)	400 mcg 100%	Boron	0.75 mg *
Vitamin B-12 (on Ion Exchange Resin)	50 mcg 833%	(from Boron Aspartate/Citrate Complex)	
Biotin	150 mcg 50%	Trace Elements (from Sea Vegetation)	50 mcg *
Pantothenic Acid (as d-Calcium Pantothenate)	250 mg 2,500%	L-Cysteine/N-Acetyl-L-Cysteine	100 mg *
Calcium	250 mg 25%	L-Methionine	6.3 mg *
(from Calcium Citrate/Gluconate/Carbonate/Lactate/		Glutamic Acid (from Glutamic Acid HCl)	10 mg *
Ascorbate and Microcrystalline Hydroxyapatite Complex)		Betaine (from Betaine HCl)	57 mg *
Iodine (from Kelp)	100 mcg 67%	Coenzyme Q-10	60 mg *
Magnesium	250 mg 63%	alpha-Lipoic Acid	50 mg *
(from Magnesium Aspartate/Chelate/Ascorbate Complex)		Red Wine Proanthocyanidins (fruit)	5 mg *
Zinc (from Zinc Amino Acid Chelate)	12.5 mg 83%	Natural Triglyceride Marine Lipid Concentrate. 1,000 mg	*
Selenium	100 mcg 143%	Providing:	
(Organic Selenium from Krebs† Cycle and Kelp)		Eicosapentaenoic Acid [EPA] [18%]	180 mg *
Manganese	10 mg 500%	Docosahexaenoic Acid [DHA] [12%]	120 mg *
(from Manganese Aspartate Complex)		Total Omega-3 Fatty Acids	300 mg *

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.