



Mega-Min

A Dietary Supplement



**Douglas
Laboratories®**

60 Tablets

Supplement Facts

Serving Size 2 tablets • Servings Per Container 30

Amount Per Serving		%DV
Vitamin D-3	400 IU	100%
Calcium (from Calcium Chelate Complex)	1000 mg	100%
Iron (from Iron Chelate Complex)	30 mg	167%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from Magnesium Chelate Complex)	500 mg	125%
Zinc (from Zinc Chelate Complex)	22.5 mg	150%
Selenium (from Selenium Chelate)	100 mcg	143%
Copper (from Copper Chelate)	3 mg	150%
Manganese (from Manganese Chelate Complex)	10 mg	500%
Chromium (from Chromium Chelate)	200 mcg	167%
Chloride	90 mg	3%
Potassium (from Potassium Chelate Complex)	95 mg	2%
Betaine (from 100 mg of Betaine HCl)	76 mg	*
Glutamic Acid (from 100 mg of Glutamic Acid HCl)	80 mg	*

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate and silica.

Manufactured in the USA by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 2 tablets daily or as directed by your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Healthcare Professionals worldwide
recommend Douglas Laboratories;
learn why at www.whydouglas.com



Formula #7999