

Supplement Facts Continued		
Amount Per Serving: % DV		
CoEnzyme-Q10	10 mg	†
Hesperidin 90% (Citrus aurantium)	5 mg	†
Proprietary Herbal Blend	5 mg	†
Barley Grass Powder, Echinacea Purpurea (herb), Goldenseal Root Powder, Lecithin - Ultra LECI-P, Parsley (leaves), Pau D'Arco (herb), Rice Bran and Watercress (herb)		
Lutein/Zeaxanthin (from FloraGLO®)	3 mg	†
Boron (from boron amino acid chelate)	100 mcg	†
Vanadium (from vanadium amino acid chelate BGOV complex)	5 mcg	†
†Daily Value (DV) not established.		

Other Ingredients: Vegetarian Capsule (HPMC), Microcrystalline Cellulose, Rice Flour, Ascorbyl Palmitate, and Silica.

OLYMPIAN LABS, INC. products are made with the highest quality ingredients and manufactured according to current Good Manufacturing Practices (cGMP).

CAUTION: Consult your healthcare professional if you have a medical issue before taking this product. Contains soy.

Chromax® (Chromium Picolinate) is a registered trademark of Nutrition 21, LLC.

FloraGLO® Lutein is a registered trademark of Kemin Industries, Inc.

MADE IN USA • Manufactured for Olympian Labs, Inc. Phoenix, AZ 85027 • 1.800.473.5883 • www.OlympianLabs.com

GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.



DAILY ESSENTIALS

Vita-Vitamin

21 Essential Vitamins & Minerals
Powerful Energy Booster Blend*
Iron Free

GLUTEN FREE

OLYMPIAN LABS, INC.

180 VEGETARIAN CAPSULES / 60 SERVINGS • DIETARY SUPPLEMENT

SUGGESTED USE: As a dietary supplement, take three (3) capsules daily with a meal, or as directed by a healthcare professional.

Supplement Facts		
Serving Size: Three (3) Capsules Servings Per Container: 60		
Amount Per Serving: % DV		
Vitamin A (from palmitate)	5,000 IU	100%
Vitamin C (from ascorbic acid)	300 mg	500%
Vitamin D3 (from cholecalciferol)	400 IU	100%
Vitamin E (from d-alpha-tocopheryl acetate)	100 IU	333%
Thiamin (Vitamin B-1, from thiamin hydrochloride)	50 mg	3333%
Riboflavin (Vitamin B-2)	80 mg	4710%
Niacin (Vitamin B-3, from inositol hexanicotinate)	80 mg	400%
Vitamin B-6 (from pyridoxine hydrochloride)	80 mg	4000%
Folic Acid	400 mcg	100%
Vitamin B-12 (from methylcobalamin)	60 mcg	1000%
Biotin (from d-biotin)	300 mcg	100%
Pantothenic Acid (Vitamin B-5, calcium pantothenate)	80 mg	800%
Calcium (from calcium citrate and di-calcium phosphate)	120 mg	12%
Iodine (from kelp)	150 mcg	100%
Magnesium (from magnesium citrate and magnesium oxide)	40 mg	10%
Zinc (from zinc amino acid chelate)	20 mg	133%
Selenium (from l-selenomethionine)	50 mcg	70%
Manganese (from manganese amino acid chelate)	2 mg	100%
Chromium (Chromax® from chromium picolinate)	120 mcg	100%
Molybdenum (from molybdenum amino acid chelate)	75 mcg	100%
Potassium (from potassium amino acid chelate)	7 mg	0%
Lycopene (standardized to yielding 5 mg pure lycopene)	100 mg	†
Choline Bitartrate	50 mg	†
Inositol	50 mg	†
Grape Skin Extract	50 mg	†
Para-Aminobenzoic Acid (PABA)	50 mg	†
Betaine HCl	30 mg	†
Citrus Bioflavonoid Complex	30 mg	†
Rutin (Sophora japonica) (leaf)	30 mg	†
Alpha Lipoic Acid	10 mg	†