

SUGGESTED USE: Take one softgel daily with or without food.

Coconut oil is a source of lauric acid, a medium chain triglyceride (MCT) that possesses health benefits.[†] In the body, lauric acid is converted into monolaurin, a compound that supports the body's defenses.[†] Monolaurin acts by disrupting the lipid membranes of microorganisms so that the microbes cannot survive and reproduce. Few foods are high in lauric acid, which makes our **Coconut Oil Softgel** containing organic coconut oil, an easy and convenient means to consume this unique fatty acid. Evidence also suggests ingesting MCTs may support healthy triglyceride levels, brain health, and promote satiety.[†]

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Vegan Softgel

COCONUT OIL 1,000 mg

Supports the Body's Defenses[†]

Dietary Supplement

60 VEGAN SOFTGELS



Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

Amount Per Serving	% Daily Value
Organic Virgin Coconut Oil.....	1,000 mg *

* Daily Value not established.

OTHER INGREDIENTS: Capsule (modified cornstarch, glycerin, Irish moss extract, water)

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN.

VL 456-60A

