

The prostate is a small gland of the male reproductive system that often enlarges with age. Extensive research done on prostate issues and several nutrients shows a number of plants and micronutrients may play a role in preventing or delaying prostate-related problems in males. Our **Prostate Support Softgels** contain nutrients in amounts studied to specifically maintain men's health.[†]

Plant sterols (such as beta-sitosterol) and Pumpkin Seed Oil: May assist with vascular health which may improve blood flow.[†]

Lycopene, Vitamin E, Selenium and Zinc: Antioxidants which may play specific roles in prostate health.[†]

Soy and Green Tea: Nutrients studied that may affect cell activities in the prostate gland.[†]

Saw Palmetto, Pygeum and Nettle: Herbs containing naturally occurring phytosterols, used for centuries to benefit the prostate.[†]

Typical Fatty Acid Composition from Pumpkin Seed Oil

Alpha-Linolenic Acid (Omega-3)	6 mg
Linoleic Acid (Omega-6)	590 mg
Oleic Acid (Omega-9)	322 mg



Lyc-O-Mato® is a registered trademark of Lycored, Natural Product Industries, Ltd.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEN'S HEALTH PROSTATE SUPPORT SOFTGELS with Phytosterols

Dietary Supplement
120 SOFTGELS



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories 10		
Calories from fat 10		
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	30 IU	100%
Zinc (from zinc picolinate)	15 mg	100%
Selenium (from L-selenomethionine)	60 mcg	86%
Pumpkin Seed Oil (cold pressed)	1,200 mg	*
Saw Palmetto (<i>Serenoa repens</i>) (berry)		
Standardized to 85-95% fatty acids and sterols	300 mg	*
Nettle (<i>Urtica dioica</i>) (root)	150 mg	*
Pygeum bark extract (<i>Prunus africana</i>)	100 mg	*
Phytosterols (44 mg from beta-sitosterol)	100 mg	*
Green tea extract (Standardized to 95% polyphenols)	100 mg	*
Soy isoflavones (non-GMO)	50 mg	*
Lycopene (Lyc-O-Mato®)	5 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Softgel (gelatin, purified water, glycerin, turmeric, sodium copper chlorophyllin), natural beeswax (yellow), soy lecithin.

SUGGESTED USE: Take two softgels daily with meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VL 154-120F

