



Ultra Preventive
2000 series™

Meno-Support Formula™

A Dietary Supplement



**Douglas
Laboratories®**

120 Tablets

Supplement Facts

Serving Size 4 tablets • Servings Per Container 30

Amount Per Serving		%DV
Vitamin A (25% as Vitamin A Palmitate/75% [15,000 IU] as Beta-Carotene)	20,000 IU	400%
Vitamin C (Ascorbic Acid)	1000 mg	1667%
Vitamin D-3	50 IU	13%
Vitamin E (as Vitamin E Succinate)	200 IU	667%
Vitamin K (as Phytonadione)	50 mcg	63%
Thiamine (as Thiamine HCl)	50 mg	3333%
Riboflavin	25 mg	1471%
Niacin/Niacinamide	120 mg	600%
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	25 mg	1250%
Folic Acid	800 mcg	200%
Vitamin B-12 (on Ion Exchange Resin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	1500%
Calcium (from Calcium Citrate/Ascorbate Complex)	500 mg	50%
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	400 mg	100%
Zinc (from Zinc Aspartate Complex)	20 mg	133%
Selenium (Organic Selenium from Krebs† Cycle and Kelp)	200 mcg	286%

Other ingredients: Cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Amount Per Serving		%DV
Copper (from Copper Amino Acid Chelate)	2 mg	100%
Manganese (from Manganese Aspartate Complex)	15 mg	750%
Chromium (Organically bound with GTF activity—low allergenicity)	200 mcg	167%
Molybdenum (from Molybdenum Krebs†)	50 mcg	67%
Potassium (from Potassium Aspartate Complex)	75 mg	2%
Choline (from Choline Citrate/Bitartrate)	20 mg	*
Inositol	25 mg	*
Citrus Bioflavonoid Complex	100 mg	*
PABA (para-Aminobenzoic Acid)	50 mg	*
Vanadium (from Vanadium Krebs†)	25 mcg	*
Boron (from Boron Aspartate/Citrate Complex)	3 mg	*
Trace Elements (from Sea Vegetation)	100 mcg	*
Meno-Support Proprietary Blend	500 mg	*
Black Cohosh (root) (standardized), Dong Quai (aerial parts), Kelp, Horsetail (aerial parts), Sage (leaf), Lemon Bioflavonoids and Ipriflavone.		

*Daily Value not established.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road • Pittsburgh, PA 15205 USA

www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 4 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin® and Warfarin. If you are taking these or similar prescription drugs, consult your healthcare professional before using this product.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,

store in a cool, dry place.

(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

Formula #84073

