# DYMATIZE® NUTRITION

***Dymatize's delicious and exclusive ELITE formula provides the perfect ratio of Essential and Non-Essential Amino Acids in their most easily assimilated form.***

***ELITE WHEY PROTEIN*** is so delicious it tastes like Berry Ice Cream! And ELITE is the perfect blend of Ion-Exchange Whey Protein Isolates, Whey Protein Concentrates and Whey Peptides.[x]

Each serving is enzymatically predigested in the lab for improved absorption and bio-availability, provides over 4 grams of Glutamine and precursors, and 5+ grams of BCAAs. In addition, our Whey Protein is processed to prevent protein cross-linking.[x]

***ELITE WHEY PROTEIN*** contains very high levels of Anti-Catabolic Branched Chain Amino Acids.[x]

These Branched Chain Amino Acids are an excellent source of Extra Muscle Fuel which may be depleted during intense training. These same Branch Chain Amino Acids are used to repair and help with the growth of cells. Branch Chain Amino Acids are utilized by muscle cells quickly after an intense workout and are an important part of an effective diet.[x]

[x]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**TYPICAL AMINO ACID PROFILE PER 100 GRAMS OF PROTEIN**

| Essential Amino Acids | | Non-Essential Amino Acids | |
|---|---|---|---|
| Isoleucine (BCAA) | 6,080 mg | Alanine | 4,990 mg |
| Leucine (BCAA) | 10,260 mg | Arginine | 2,350 mg |
| Lysine | 10,070 mg | Aspartic Acid | 10,460 mg |
| Methionine | 2,030 mg | Cystine | 2,740 mg |
| Phenylalanine | 3,030 mg | Glutamine & Precursors | 16,910 mg |
| Threonine | 6,450 mg | Glycine | 1,650 mg |
| Tryptophan‡ | 1,660 mg | Histidine | 1,660 mg |
| Valine (BCAA) | 5,670 mg | Proline | 5,870 mg |
| ‡ Naturally occurring. Not added or manufactured. | | Serine | 4,990 mg |
| | | Tyrosine | 3,130 mg |

***ELITE*** contains a proprietary digestive enzyme blend including Zytrix® to help amplify absorption, and to make ***ELITE*** even more agreeable to lactose intolerent individuals.[x]

Zytrix® is a registered trademark of Custom Nutriceutical Laboratories.

**NO ADDED Sucrose, Fillers, Maltodextrin, or Aspartame**

**MANUFACTURED IN A NSF GMP SPORT® REGISTERED FACILITY**

MANUFACTURED IN A NSF GMP CERTIFIED FACILITY · Made in USA · GLUTEN-FREE

**BUILDING BETTER BODIES®**
DYMATIZE.COM

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# DYMATIZE® NUTRITION

ZYTRIX® Advanced Digestive Enzyme Matrix

# ELITE®

## Whey Protein Isolate

***100% Whey Protein***
***Low Carb Solution***
***Instant Mixability***

| PROTEIN | BCAAs | SUGAR | CARBS | CALORIES |
|---|---|---|---|---|
| 24 GRAMS | 5.5 GRAMS | 0 GRAMS | 2 GRAMS | 114 PER SERVING |

## BERRY BLAST

DIETARY SUPPLEMENT

GLUTEN-FREE

NATURALLY & ARTIFICIALLY FLAVORED

NET WT **10 LBS** (4,536g)

# DYMATIZE® NUTRITION

## Supplement Facts

Serving Size: 1 Scoop (~31g)
Servings per container: 146+

| | Amount Per Serving | % Daily Value* |
|---|---|---|
| **Calories** 114 | | |
| Calories from Fat 14 | | |
| **Total Fat** | 1.5 g | 2% |
| Saturated Fat | <1 g | 1% |
| **Cholesterol** | 15 mg | 5% |
| **Total Carbohydrate** | 2 g | <1% |
| Sugars | 0 g | |
| **Protein** | 24 g | 48% |
| **Calcium** | 180 mg | 18% |
| **Iron** | <1 mg | 2% |
| **Sodium** | 50 mg | 2% |
| **Potassium** | 70 mg | 2% |
| **Proprietary Enzyme Blend** | 40 mg | ** |
| Zytrix®, Protease, Lactase, Lipase | | |

* Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

**INGREDIENTS:** Ion-Exchange Whey Protein Isolates and Cross Flow Ultra Filtration Whey Protein Concentrate (providing Di-Peptides, Tri-Peptides, Oligo-Peptides, and Poly-Peptides), Whey Peptides, Natural and Artificial Flavors, Guar Gum, Acesulfame-Potassium, Potassium Chloride, Soybean Oil†, Red #40. *Contains Milk and Soy. †Soy oil is genetically modified.*

**F) Ingredients:** Isolats de protéine de lactosérum par échange ionique et Concentré de protéine délactosérum flux mutuel filtration ultra (fournit des di-, tri-, oligo- et polypeptides), peptides délactosérum, arômes naturels et artificiels, gomme de guar, Acesulfame-K, chlorure de potassium, huile de soja†. Rouge #40. *Contient du lait et de soya. †De l'huile de soja est génétiquement modifiée.*

**S) Ingredientes:** Aislá la proteína del suero con intercambio de iones y Concentrado proteínico desuero con ultrafiltración de flujo de mezcla (proveyendo di-péptidos, tri-péptidos, oligo-péptidos, ypoli-péptidos), péptidos de suero, sabores naturales y artificiales, goma de guar, Acesulfame-potassium, cloruro de potasio, aceite de soja†. Rojo #40. *Contiene leche y soja. †El aceite de la soja genético se modifica.*

**NL) Ingredinten:** Ion-Exchange whey protein isolaat en whey protein concentraat (micro-crossgefiltreerd), whey peptiden, natuurlijke en kunstmatige aromas, guar gom, Acesulfaam-K, kalium chloride, sojaolie† Rode #40. *Bevat melk en Soy. †De olie van de soja wordt genetisch gewijzigd.*

**D) Zutaten:** Ionengetauschten Molkeneiweißisolat und Ultrafiltriertem Molkeneiweiß Konzentrat, Molkeneiweiß Peptide, Natürliche und Künstliche Aroma, Guargummi, Acesulfame-K, Kaliumchloridverbindung, Sojaöl†. Rot #40. *Enthält Milch und Soja. †Sojabohnenöl wird genetisch geändert.*

**I) Ingredienti:** Proteine isolate a scambio ionico e peptidi del siero e miscela di proteine concentratedel siero del latte ultrafiltrate (con di-peptidi, tri-peptidi, oligo-peptidi e poli-peptidi), aromi naturali eartificiali, gommia di guar, Acesulfame-K, cloruro di potassio, olio di soiar†. Rosso #40. *Contiene il latte e la soia. †L'olio della soia geneticamente è modificato.*

**R) Ингредиенты:** Ультрафильтрованный перекрестным воздушным потоком Сывороточный Протеиновый Концентрат (снабжающий ди-пептидами, три-пептидами, олиго-пептидами, и поли-пептидами), Изоолбиенный Сывороточный Изолят, Сывороточные пептиды, какао, натуральные и искусственные ароматизаторы, камеи-вдитуньдав, Ифдъ† *сои генетически изменена.*

**DIRECTIONS:** Add 1 level scoop to 5-6 ounces of water, milk or juice. Stir, shake or blend for 20 seconds, or until completely dispersed, then drink immediately.

F) Mode d'emploi : ajouter une cuillerée à ras à 180 – 200 ml d'eau, de jus ou de lait. Tourner pendant 20 secondes ou jusqu'à ce que le produit soit complètement dispersé.La protéine de lactosérum Dymatize Elite assure un rapport parfait d'acides aminés essentiels et non essentiels sous leur forme la plus facilementassimilée. La douce saveur de vanille n'est pas écœurante et peut être mélangée dans pratiquement n'importe quel liquide pour produire une délicieuse boisson frappée à haute teneur en protéines.

S) Instrucciones: Añadir un cucharón a ras a 5-6 onzas de agua, jugo, o leche. Revolver, agitar, o mezclar durante 20 segundos, o hasta que se hayadisseminado completamente; despues beber inmediatamente. Proteina de Suero Elite Dymatize provee la proporción perfecta de amino-ácidos esenciales y no esenciales en la forma de asimilación más fácil. El sabor increíble de vainilla dulce no es dominante y puede mezclarse con cualquier cosa para producir un batido de alta proteína delicioso.

NL) Het voedingssupplement ELITE is een instant ewitconcentraat dat uit 100% wei-eiwit bestaat. Een evenwichtige voeding bevat voldoendevitamines. Koel en droog bewaren. Na opening goed sluiten. Tenminste houdbaar tot: zie pot. Buiten bereik van kinderen houden. Geproduceerd in de USA. Importeur: Dymatize - Sprundel - Nederland. Dosering: Als aanvulling op uw dagelijkse voeding neem je 1 tot 4 doseringen (31g). Meng 31 gram met 180-200ml water of magere melk. Dymatize Elite Whey Protein is een uitgebalanceerde eiwit formule met een optimaal aminozuur patroon en een hoge concentratie BCAAs. Elite Whey Protein zorgt voor een sneller herstel en een optimale spieropbouw. De lage glycemische index minimaliseert de kans op een stijging vande bloedsuikerspiegel, terwijl de natuurlijke productie van insuline en glucagon wordt gestimuleert.

D) Dosierung: Mixen sie 31g mit 180-200ml wasser oder fettarme milch. 1 bis 4 mal am tag. Dymatize Elite Whey Protein ist aus Spezial Molkeneiweiß hergestellt und enthält in extrem höhen mengen BCAAs. Mit diesem Spitzenprotein maximieren Sie Ihrer Ammoniakumsprüngel im Körper, fördern einen regelmässig anhaltenden Anabolismus und verlendern den Catabolismusfür maximale fettfreie Muskelmasse.

I) Modalità d'uso: aggiungere un misurino (31g) in 180-200 ml. di acqua o latte totalmente scremato. Agitare o miscelare per circa 20 secondo sino a quando il prodotto si è ben sciolto, poi berlo immediatamente. La Elite Whey Protein assicurano un perfetto bilanciamento di aminoacidi essenziali e non-essenziali nella loroformula più facilmente assimilabile. Elite Whey prodotto per la UE non contiene enzimi digestivi.

R) Условия применения: 1-2 мерные ложки развести в 200мл воды, молока или сока. Принимать три раза в день. Утром сразу после подъема, днем между едой, вечером перед отходом ко сну.

| Valeur nutritive pour dose (31g/100g) / Información nutrimental por ración (31g/100g) / Voedingswaarde per dosering (31g/100g) / Nährwertinformation pro dosierung (31g/100g) / Valori Nutrizionali per dose (31g/100g) | 31g | 100g |
|---|---|---|
| Valeur énergétique/Caloría/Calorieën/Brennwert/Calorie | 477kJ/114kcal | 1539kJ/368kcal |
| Protéines/Proteínas/Eiwitten/Eiweiß/Proteine | 24 gram | 77 gram |
| Glucides/Carbohidratos/Koolhydraten/Kohlenhydrate/Carboidrati | 2 gram | 6,5 gram |
| Matières Grasses/Grasa/Vetten/Fett/Grassi | 1.5 gram | 4,8 gram |

✔ per serving