



ENERGY SOURCE* - 100% MCTs

- 14 g of medium chain triglycerides (capric and caprylic acids) per serving
- Used by the body to produce energy*
- Ideal for exercise and weight loss programs

PURE COCONUT OIL

- Only from premium coconuts
- Flavorless and odorless
- No Palm or filler oils
- Hexane-free

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100% Potency

MCT OIL FROM COCONUT



Energy Source*

FOR EXERCISE / WEIGHT LOSS PROGRAMS

DIETARY SUPPLEMENT / 16 FL OZ (474 mL)

Recommendation: Take 1 tablespoon (15 mL) as needed.

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings per Container 32

Amount Per Serving	%DV
Calories	130
Calories from Fat	130
Total Fat	14 g 22%†
Saturated Fat	13 g 65%†
Trans Fat	0 g **
Polyunsaturated Fat	<0.5 g **
Monounsaturated Fat	<0.5 g **
Cholesterol	0 mg 0%
Medium Chain Fatty Acids	14 g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Ingredients: Coconut Oil

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Questions? 1-800-9NATURE / naturesway.com

No refrigeration required. Store in a cool, dry place. Safety sealed for your protection. Do not use if inner freshness seal under bottle cap is broken or missing. Product of Singapore.

LN10895.01 BLQ8971

BPA FREE

