



# Milk Thistle Max-V

Standardized Herbal Extract Supplement  
80% silymarin



**Douglas  
Laboratories®** 60 Vegetarian Capsules

## Supplement Facts

Serving Size 1 vegetarian capsule  
Servings Per Container 60

Amount Per Serving	%DV
Milk Thistle Herbal Extract (seed) ( <i>Silybum marianum</i> [L.] Gaertn.) Standardized to provide 200 mg of silymarin	250 mg *
Milk Thistle (seed) (non-standardized)	100 mg *

\*Daily Value not established.

Other ingredients: Cellulose and vegetable stearate.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

Healthcare Professionals worldwide  
recommend Douglas Laboratories;  
learn why at [www.whydouglas.com](http://www.whydouglas.com)

Milk thistle (*Silybum marianum* (L.) Gaertn.) has been in common medicinal use since the Middle Ages in Europe. Silymarin is a combination of three potent flavonoids (silybin, silydianin and silychristin). This extract is standardized at 80% silymarin.

### Suggested Usage:

As a dietary supplement, adults take 1 capsule twice daily between meals, or as advised by your healthcare professional. If digestive irritation occurs, take with meals.

Stop use and consult your health care professional if allergic reactions occur. Note: If you are pregnant or nursing consult your healthcare professional before using this product.

**KEEP OUT OF REACH OF CHILDREN.**

For optimal storage conditions, store in a cool, dry place.  
(59°-77°F/15°-25°C) (35-65% relative humidity) Tamper  
resistant package, do not use if outer seal is missing.



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Formula #77358