



P-5-P & Mag™

Bio-Active Vitamin B6 & Magnesium

60 Capsules

DIETARY SUPPLEMENT



Pyridoxal-5-Phosphate (P-5-P) is the active form of Vitamin B6. Unlike other forms, it does not require conversion by the liver. Chelated magnesium promotes P-5-P metabolism.

- Significant benefits for cardiovascular health
- Aids tendon, ligament and cartilage function
- Supports protein metabolism and muscle growth
- Enhances serotonin and dopamine formation
- Supports nervous system function in children and adults*

Recommendations: 1 capsule with food, may be taken up to 4 times daily. 6-12 year olds, 1 per day, or as recommended by your healthcare practitioner.

If pregnant or nursing, consult a healthcare practitioner before using.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per 1 Capsule (Veg):	%DV
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Vitamin B6 (as pyridoxal-5-phosphate)	30 mg 1,500%
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Magnesium (as magnesium glycinate chelate)	100 mg 25%
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** Daily Value (DV) not established

Other Ingredients: hydroxypropyl methylcellulose (vegetable cellulose capsules), cellulose powder, silicon dioxide, and vegetable source magnesium stearate.

No sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

Manufactured exclusively for:

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