

Suggested Usage: Take 1 softgel daily with a meal. Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

NOW® Cod Liver Oil abounds in Omega-3 Fatty Acids, EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). It is also an excellent source of Vitamins A and D-3. Cod Liver Oil has a long history of traditional use for the support of overall health and well-being.*

The natural Cod Liver Oil used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.
Please Recycle.

EUA # 1482865

CODE 1742 V10



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Cod Liver Oil

650 mg

Cardiovascular Support*

- Vitamins A & D-3
- With EPA/DHA

250 Softgels
A Dietary Supplement

Omega-3/Fish Oils

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Cholesterol	0 mg	0%
Vitamin A (from Cod Liver Oil and Retinyl Palmitate)	2,500 IU	50%
Vitamin D ₃ (from Cod Liver Oil and Cholecalciferol)	270 IU	68%
Cod Liver Oil	650 mg	†
Eicosapentaenoic Acid (EPA)	30 mg	†
Docosahexaenoic Acid (DHA)	30 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water).

Contains fish (cod). Cod Liver Oil is product of Norway.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

