

Suggested Usage: Take 4 capsules daily with food.

Aquamin® is a mineral blend derived from red algae harvested off the coasts of Ireland and Iceland. Aquamin® is an excellent vegetarian source of bioavailable Calcium and Magnesium with over 70 additional important trace minerals.* Research indicates that this multi-mineral complex may support proper bone mineralization and helps to regulate key factors involved in the normal immune system response to typical joint usage.* Clinical studies demonstrate that Aquamin® can help to support joint comfort and mobility.* A vegetarian-friendly Vitamin D-2 is added to this formula to further support bone health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

CODE 1538B V5



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CAPSULE SIZE



Red Mineral Algae

Vegetarian Calcium

Joint Health*

- Calcium, Magnesium and Trace Minerals derived from Red Marine Algae
- Plus Vegetarian Vitamin D-2



180 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 4 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin D ₂ (as Ergocalciferol)	1,000 IU	250%
Calcium (from Aquamin® TG)	1 g (1,000 mg)	100%
Magnesium (from Aquamin® TG)	80 mg	20%
Aquamin® TG (Seaweed Derived Minerals) (<i>Lithothamnion spp.</i>) (Whole Plant)	3.5 g (3,500 mg)	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Contains soy (oil) (non-GMO).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Aquamin® is a registered trademark of Marigot Limited.

Store in a cool, dry place after opening.

Please Recycle.

