After The Flow™ nourishes and strengthens the blood and body after a woman's menstrual cycle. Improvement of absentmindedness is noted when used regularly.*

Intake Instructions: Shake well.

Begin three (3) days into your menses, continue for ten (10) days, Take 52 drops (2 droppers) once (1x) a day in water or your beverage of choice. For optimal results, use for 3 cycles in combination with Before The Flow™

If pregnant or nursing consult a health care professional. Keep out of reach of children

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



AFTER THE FLOW™

Nourish the Blood

DAILY DIETARY SUPPLEMENT



Supplement Facts

Amount per Serving 576 mg

Proprietary Blend+ : Dong Quai Root, Astragalus Root, Asini Corii Colla-Ass Hide Glue. Rehmannia Root (prepared), Psoralea Fruit, Poria Sclerotium, Deer Antler, White Peony Root,

Codonopsis Root, Licorice Root, Ligusticum wallachi Root. +(DV) Daily Value not established.

Other Ingredients: Deionized water and gluten-free grain alcohol (20% by volume). Made with organic ingredients.

