



Multivite™

A Natural Food Supplement
High Potency, Multi-Vitamin and
Mineral Formula supplying Natural
Vitamins and Organic Minerals



**Douglas
Laboratories®**

120 Tablets

Supplement Facts

Serving Size 4 tablets • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A	10,000 IU 200%
Vitamin C (Ascorbic Acid)	200 mg 333%
Vitamin D-3	400 IU 100%
Vitamin E	12 IU 40%
(as Vitamin E Succinate)	
Thiamine	10 mg 667%
Riboflavin	10 mg 588%
Niacinamide	40 mg 200%
Vitamin B-6	4 mg 200%
(as Pyridoxine HCl)	
Vitamin B-12	8 mcg 133%
Biotin	20 mcg 7%
Pantothenic Acid	10 mg 100%
(as d-Calcium Pantothenate)	
Calcium (from Veal Bone)	356 mg 36%

Amount Per Serving	%DV
Iron	20 mg 111%
Phosphorus (from Veal Bone)	230 mg 23%
Iodine (from Kelp)	100 mcg 67%
Magnesium (from Magnesium Oxide)	2 mg <1%
Zinc (from Zinc Chelate)	2 mg 13%
Copper (from Copper Chelate)	2 mg 100%
Manganese (from Manganese Sulfate)	4 mg 200%
Potassium (from Potassium Chloride)	8 mg <1%
Choline	9 mg *
(from 20 mg Choline Bitartrate)	
Inositol	20 mg *
Citrus Bioflavonoids	20 mg *

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate and silica.

Manufactured by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/ dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 4 tablets daily with meals or as directed by your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN
For optimal storage conditions, store in a cool, dry place. (59°-77° F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Meets Douglas Laboratories spec [#7001].
Conforms to USP <2091> for weight. Meets
USP <2040> for disintegration.



Formula #7001