



Ocu-Min Forte™

A Dietary Supplement



**Douglas
Laboratories®**

180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A	30,000 IU	600%	Selenium (as Selenomethionine)	200 mcg	286%
(17% as Vitamin A Palmitate/83% as Beta-Carotene (from Dunaliella salina, a natural source providing Beta-Carotene, Alpha Carotene, Zeaxanthin, Cryptoxanthin and Lutein))			Copper (from Copper Sebecate)	3 mg	150%
Vitamin C	500 mg	833%	Manganese	3 mg	150%
Vitamin E (as d-alpha Tocopheryl)	400 IU	1,333%	L-Taurine	500 mg	*
Thiamine (as Thiamine HCl)	50 mg	3,333%	Quercetin Bioflavonoid	300 mg	*
Riboflavin (as Riboflavin HCl)	50 mg	2,941%	N-Acetyl-L-Cysteine	250 mg	*
Niacin/Niacinamide	110 mg	550%	Milk Thistle (seed) (providing Silymarin)	100 mg	*
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2,500%	Bilberry Extract (fruit)	80 mg	*
Folic Acid	200 mcg	50%	Ginkgo Biloba Extract (leaf)	60 mg	*
Vitamin B-12	100 mcg	1,667%	L-Glutathione (reduced)	50 mg	*
Pantothenic Acid	150 mg	1,500%	Green Tea (leaf)	50 mg	*
Calcium (from Calcium Citrate)	100 mg	10%	Proanthocyanidins	25 mg	*
Magnesium (from Magnesium Citrate)	200 mg	50%	Rutin	15 mg	*
Zinc (from Zinc Picolinate)	30 mg	200%	Hesperidin	10 mg	*

Other ingredients: Cellulose, silica and vegetable stearate.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 6 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

**KEEP OUT OF REACH OF
CHILDREN.**

For optimal storage conditions,
store in a cool, dry place.
(59°-77°F/15°-25°C)
(35-65% relative humidity)
Tamper resistant package,
do not use if outer seal is missing.

Formula #83001

