



Opti-Sel™



amni® original formula

A Dietary Supplement



**Douglas
Laboratories® 100 Tablets**

Supplement Facts

Serving Size 1 tablet
Servings Per Container 100

Amount Per Serving		%DV
Selenium (as sodium selenate, 150 mcg, and as selenomethionine, 50 mcg)	200 mcg	286%

Other ingredients: Cellulose, stearic acid, silica and magnesium stearate.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

Opti-Sel™ provides selenium, an essential trace element, in two forms: sodium selenate, a readily available active form and selenomethionine, a bioavailable storage form.

Suggested Usage:

As a dietary supplement, adults take 1 tablet daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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