

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440



This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 4 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

Warning: This product contains Vitamin K which interferes with the prescription drugs Coumadin and Warfarin. Do not take this product if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #4544



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Osteo-Support Formula

A Dietary Supplement



120 Tablets

Supplement Facts

Serving Size 4 tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (25% as Vitamin A Palmitate/75% [15,000 IU] as Beta-Carotene)	20,000 IU 400%	Manganese (from Manganese Aspartate Complex)	15 mg 750%
Vitamin C (Ascorbic Acid)	1000 mg 1667%	Chromium (Organically bound with GTF activity—low allergenicity)	200 mcg 167%
Vitamin D-3	50 IU 13%	Molybdenum (from Molybdenum Krebs†)	50 mcg 67%
Vitamin E (as Vitamin E Succinate)	200 IU 667%	Potassium (from Potassium Aspartate Complex)	75 mg 2%
Vitamin K	150 mcg 188%		
Thiamine (as Thiamine HCl)	50 mg 3333%	Choline (from Choline Citrate/Bitartrate)	20 mg *
Riboflavin	25 mg 1471%	Inositol	25 mg *
Niacin/Niacinamide	120 mg 600%	Citrus Bioflavonoid Complex	100 mg *
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)	25 mg 1250%	PABA (para-Aminobenzoic Acid)	50 mg *
Folic Acid	800 mcg 200%	Vanadium (from Vanadium Krebs†)	25 mcg *
Vitamin B-12 (on Ion Exchange Resin)	100 mcg 1667%	Boron (from Boron Aspartate/Citrate Complex)	1 mg *
Biotin	300 mcg 100%	Strontium (from Strontium Aspartate)	10 mcg *
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg 1500%	Trace Elements (from Sea Vegetation)	100 mcg *
Calcium (from Calcium Citrate/Ascorbate Complex)	800 mg 80%	Osteo-Support Proprietary Blend	500mg *
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	400 mg 100%	Bioflavonoids, Hesperidin, Dong Quai (root), Licorice (root), Black Cohosh (root), Fennel (seed), Bromelain, Betaine HCl/Glutamic Acid HCl, Rutin, Proanthocyanidins (Red Wine Grapes), N-Acetyl-L-Cysteine/L-Cysteine HCl, L-Methionine	
Zinc (from Zinc Aspartate Complex)	20 mg 133%		
Selenium (Organic Selenium from Krebs† Cycle and Kelp)	200 mcg 286%		
Copper (from Copper Amino Acid Chelate)	2 mg 100%		

Other ingredients: Cellulose, vegetable stearate and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.