



OC Pack™



amni® original formula

A Dietary Supplement



**Douglas
Laboratories®**

30 Packs

Supplement Facts

Serving Size 1 pack (7 tablets, 2 Capliques^{††} per packet) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories 17		Chromium 100 mcg	83%
Calories from Fat 13		(as chromium polynicotinate***)	
Total Fat 1 g	<2%†	Molybdenum 75 mcg	100%
Vitamin A 12,500 IU	250%	(as molybdenum amino acid chelate**)	
(from fish liver oil and 60% [7,500 IU] as natural beta-carotene from D. salina)		Potassium 50 mg	1%
Vitamin C (as calcium 735 mg	1,225%	(as potassium aspartate- ascorbate complex)	
ascorbate, magnesium/ potassium aspartate-ascorbate complex, and L-ascorbic acid)		Sodium (from calcium disodium EDTA)	2%
Vitamin D3 (from fish liver oil)	13%		
Vitamin E (as d-alpha tocopheryl succinate and d-alpha tocopherol)	800%	Choline (as choline bitartrate)	75 mg *
Vitamin K1 (as phytonadione)	30 mcg 38%	Inositol	25 mg *
Thiamine (as thiamine mononitrate)	50 mg 3,333%	Vanadium (as vanadyl sulfate)	20 mcg *
Riboflavin	25 mg 1,471%	Boron (as boron aspartate-citrate)	1 mg *
Niacin (as niacinamide and niacin)	130 mg 650%	para-Aminobenzoic acid	25 mg *
Vitamin B6 70 mg	3,500%	Citrus bioflavonoids	50 mg *
(as pyridoxine hydrochloride)		Lecithin (from soy)	900 mg *
Folic acid 400 mcg	100%	Phosphatidylcholine	232 mg *
Vitamin B12 50 mcg	833%	Phosphatidylethanolamine	182 mg *
(as cyanocobalamin on ion exchange resin)		Phosphatidylinositol	116 mg *
Biotin 150 mcg	50%	Carrageenan (from seaweed)	880 mg *
Pantothenic acid 200 mg	2,000%	Guar gum	200 mg *
(as d-calcium pantothenate)		Calcium disodium EDTA	400 mg *
Calcium (as calcium citrate, calcium ascorbate and calcium disodium EDTA)	290 mg 29%	Papain (from papaya)	100 mg *
Iodine (from kelp)	75 mcg 50%	Silicon dioxide	40 mg *
Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	250 mg 63%	Omega-3 fatty acids	417 mg *
Zinc (as zinc amino acid chelate** and zinc gluconate)	12 mg 80%	Eicosapentaenoic acid (EPA)	217 mg *
Selenium 100 mcg	143%	Docosahexaenoic acid (DHA)	120 mg *
(as selenium amino acid complex)		Omega-6 fatty acids	151 mg *
Copper (as copper amino acid chelate**)	1 mg 50%	Gamma linolenic acid (GLA)	42 mg *
Manganese 10 mg	500%	Omega-9 fatty acids	161 mg *
(as manganese amino acid chelate**)		Oleic acid	133 mg *
		Garlic clove, dried water extract	800 mg *
		Parsley leaf	200 mg *
		Alfalfa leaf	200 mg *

†Percent Daily Values based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Ultra-pure fish oil concentrate, cold-pressed organic evening primrose oil, olive oil, gelatin (capsule), cellulose, modified cellulose gum, methylcellulose, vegetable stearine, magnesium stearate, titanium dioxide, gum ghatti, citrus extracts, chlorophyll, aloe, natural tangerine flavor, canthaxanthin (carotene color), natural spearmint flavor, natural vanilla flavoring, pharmaceutical glaze, and silica.

**U.S. Patent Number 4,599,152 Albion Laboratories

***ChromeMate® brand. U.S. Patent Number 4,923,855 InterHealth Co.

††A Caplique™ is a liquid-filled, two piece capsule sealed with a band.

Manufactured in the USA by:
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Suggested Usage:

As a dietary supplement, adults take 1 pack twice daily with meals or as directed by your healthcare professional.

Each pack contains: three pink Basic Preventive 5® tablets, two beige Lipex® tablets, two yellow Balance Plus™ Capliques^{††} and two green PGF 400™ tablets.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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Formula #64670

