



# Phosadyl™ (Lecithin)

A Dietary Supplement



**Douglas  
Laboratories®**

**100 Softgels**

## Supplement Facts

Serving Size 1 softgel  
Servings Per Container 100

Amount Per Softgel	%DV†
Calories	12
Calories from Fat	12
Total Fat	1.4 g 2%
Phosphatidylcholine	420 mg *
Phosphatidylinositol	30 mg *
Phosphatidylethanolamine	100 mg *

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

**Ingredients:** Soybean Phosphatide Complex containing 42% of important Phosphatidylcholine with other naturally occurring components such as Cephaline (Phosphatidylethanolamine), Inositol (Phosphatidylinositol) and related Phosphorus containing Lipids enclosed with Gelatin to insure freshness and potency.

Manufactured in the USA for:

**Douglas Laboratories**

600 Boyce Road • Pittsburgh, PA 15205 USA

[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat, gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

### Suggested Usage:

As a dietary supplement, adults take 1 softgel daily or as directed by your healthcare professional.

### KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)

(35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



3 10539 01197 3

Formula #7926