



Prenatal

A Dietary Supplement



**Douglas
Laboratories®**

**60 Vegetarian
Capsules**

Supplement Facts

Serving Size 2 Vegetarian capsules • Servings Per Container 30

Amount Per Serving	%DV
Vitamin A (as natural beta-carotene)	5,000 IU 100%
Vitamin C (as ascorbic acid)	100 mg 167%
Vitamin D3 (as cholecalciferol)	800 IU 200%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU 167%
Thiamine (as thiamine mononitrate)	1.5 mg 100%
Riboflavin	1.7 mg 100%
Niacinamide	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	2 mg 100%
Folic Acid	800 mcg 200%
Vitamin B12 (as cyanocobalamin)	10 mcg 167%
Biotin	300 mcg 100%
Panthothenic Acid (calcium pantothenate)	10 mg 100%
Calcium (as citrate)	150 mg 15%
Iron (as Ferronyl®)	27 mg 150%
Iodine (from potassium iodide)	150 mcg 100%
Magnesium (from citrate)	75 mg 19%
Zinc (from citrate)	10 mg 67%
Selenium (from selenomethionine)	75 mcg 107%
Copper (from copper glycinate chelate**)	1 mg 50%
Manganese (from citrate)	1 mg 50%
Chromium (from GTF)	150 mcg 125%
Molybdenum (from chelate)	75 mcg 100%

*Daily Value not established.

Other ingredients: Cellulose, vegetable stearate and silica.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 2 capsules daily or as directed by your healthcare professional.

**U.S. Patent Number 4,599,152 Albion Laboratories

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in
a cool, dry place. (59°-77°F/15°-25°C)
(35-65% relative humidity)

Tamper resistant package,
do not use if outer seal is missing.



Formula #200237