

**Suggested Usage:** Take 1 capsule 1 to 5 times daily, preferably with food.

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.\* It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses.\* Potassium Citrate is a well absorbed and highly bioavailable form of potassium.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 1448B V3



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# Potassium Citrate

## 99 mg

Essential Mineral

- Supports Electrolyte Balance and Normal pH\*
- Proper Muscular Contraction\*

## 180 Capsules

A Dietary Supplement



Minerals

*Family owned since 1968.*

## Supplement Facts

Serving Size 1 Capsule

|                                       | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------|-----------------------|------------------|
| Potassium<br>(from Potassium Citrate) | 99 mg                 | 3%               |

Other ingredients: Cellulose, Gelatin (capsule), Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

