

Suggested Usage: Take 1 capsule daily with a meal.

Chromium is an essential trace mineral that is known to enhance the actions of insulin, a peptide that is critical to the metabolism and storage of carbohydrate, fat and protein in the body.* Adequate intake of Chromium is necessary for maintaining healthy glucose metabolism.* NOW® Tri-Chromium™ features three well-known and studied forms of Chromium to maximize its absorption.* Cinnamon has been included due to its historical use for the promotion of healthy digestion and proper metabolic function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially diabetes medications), or have a medical condition (especially diabetes or hypoglycemia). This product should be taken at least 3-4 hours

before or 1 hour after taking thyroid medications. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Please Recycle.

CODE 1428 V4



CAPSULE SIZE

Non-GMO

A Dietary Supplement Vegetarian/Vegan



Tri-Chromium™

500 mcg

Insulin Co-Factor*

Supports Healthy
Glucose Metabolism*

90 Veg Capsules



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

| | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Chromium (Tri-Chromium™) [from Chromium Picolinate, Chromium Chelavite® (chromium amino acid chelate) and ChromeMate® (chromium polynicotinate)] | 500 mcg | 417% |
| Cinnamon (<i>Cinnamomum cassia</i>) (Bark) | 250 mg | † |

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.; ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

Natural color variation may occur in this product.

