

Suggested Usage: Take 1 capsule daily with a meal.

Chromium is an essential trace mineral that is known to enhance the actions of insulin, a peptide that is critical to the metabolism and storage of carbohydrate, fat and protein in the body.* Adequate intake of Chromium is necessary for maintaining healthy glucose metabolism.* NOW® Tri-Chromium™ features three well-known and studied forms of Chromium to maximize its absorption.* Cinnamon has been included due to its historical use for the promotion of healthy digestion and proper metabolic function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially diabetes medications), or have a medical condition (especially diabetes or hypoglycemia) This product should be taken at least 3-4 hours before or 1 hour after taking thyroid medications. Keep out of reach of children.

Do Not Eat Freshness Packet.
Keep in Bottle.

Natural color variation may occur
in this product.

CODE 1426 V3



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CAPSULE SIZE



Tri-Chromium™

500 mcg

Insulin Co-Factor*

Supports Healthy
Glucose Metabolism*

180 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Chromium (Tri-Chromium™) [from Chromium Picolinate, Chromium Chelavite® (chromium amino acid chelate) and ChromeMate® (chromium polynicotinate)]	500 mcg	417%
Cinnamon (<i>Cinnamomum cassia</i>) (Bark)	250 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Chromium Chelavite® is a registered trademark of Albion Laboratories, Inc.; ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

Store in a cool, dry place after opening.

Please Recycle.

