

UNCONDITIONALLY GUARANTEED

Pyridoxal-5-Phosphate (P-5-P) is the active form of Vitamin B6. Unlike other forms, it does not require conversion by the liver. Chelated magnesium promotes P-5-P metabolism.

- **Significant benefits for heart health**
- **Aids tendon, ligament and cartilage function**
- **Supports protein metabolism and muscle growth**
- **Enhances serotonin and dopamine formation**
- **Supports nervous system function in children and adults***

Recommendations: 1 capsule with food, may be taken up to 4 times daily.
6-12 year olds, 1 per day.

If pregnant or nursing, consult a healthcare practitioner before using.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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P-5-P/Mag™

Bio-Active Vitamin B6 & Magnesium

For Your Good Health

120 Capsules

DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per 1 Capsule (Veg):		%DV
Vitamin B6 (as pyridoxal-5-phosphate)	30 mg	1,500%
Magnesium (as magnesium glycinate chelate)	100 mg	25%

** Daily Value (DV) not established

Other Ingredients: hydroxypropyl methylcellulose (vegetable cellulose capsules), cellulose powder, silicon dioxide, and vegetable source magnesium stearate.

No sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

Manufactured Exclusively for:
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