Suggested usage: Add 1 scoop of powder to ½ cup of warm or hot water and stir until dissolved. Cold water may be added after the mixture fizzes if desired. Take once per day or as directed by a health professional. Keep out of the reach of children.

Stress-Relax® Tropical Drink Mix is an easy-to-absorb source of magnesium that helps restore normal levels of magnesium and balance calcium intake.* Magnesium is essential to the proper functioning of many of the body's systems such as helping to metabolize carbohydrates, fats and proteins, and the maintenance of healthy bones and teeth.* In addition, it supports proper muscle function, relieves stress and promotes overall relaxation and restful sleep.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, sov, egg. fish. shellfish, animal products, salt, tree nuts, or GMOs, Suitable for vegetarians/vegans, Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Magnesium Citrate

TROPICAL DRINK MIX **EASY TO ABSORB**

No Added Sugar · Gluten & Sov Free

RESTORE, BALANCE, RELAX*



Supplement Facts

Serving Size 1 Scoop (3.3 g) Servings Per Container 75

	Amount Per Serving	% Daily Value
Pure High Grade Ionic Magnesium (Citrate)	300 mg	80%
Stevia Leaf Powder	15 mg	**
** Daily Value not established.		

Other ingredients: Natural tropical flavor (mango, peach, passion fruit).

