



DIRECTIONS: Take 1 tablet 30–60 minutes before bed with or without food.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any illness.

WARNINGS: This product is only intended for use by healthy adults, 18 years of age or older. Do not use if pregnant or nursing. Do not use this product if you have a serious medical condition. Consult a qualified health care professional before using this product, if you are unaware of your current health condition or if you have or suspect you have any medical condition including but not limited to an auto-immune condition, a depressive disorder, a sleep condition, high or low blood pressure or diabetes. Do not take this product if you are currently taking any prescription or over-the-counter medication including sedatives or other CNS depressants, corticosteroids, immunosuppressants, anti-coagulants, contraceptive drugs or medications to treat diabetes or high or low blood pressure. This product contains ingredients which may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of this product. Immediately discontinue use and consult a qualified health care professional if you experience any adverse reaction to this product. Follow label directions and do not exceed recommendations for use. Store at room temperature and avoid excessive heat. Do not use if inner safety seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Melatonin



DIETARY SUPPLEMENT

PURE SERIES™

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 100

Amount Per Serving	%DV*
Melatonin.....	3 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate (Vegetable), Silicon Dioxide



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