

Suggested usage: Chew 2 tablets at bedtime or as directed by a health professional. Keep out of the reach of children.

Tranquil Sleep formula provides a unique combination of natural compounds that support relaxation and enhance sleep quality.* In a tasty, tropical fruit flavored chewable tablet.

Recommended by Dr. Michael Murray, one of the world's leading experts on natural medicine.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272



Recyclable container and label.

**Purity & Potency
Guaranteed**

Stress-Relax

Tranquil Sleep

5-HTP, Suntheanine® & Melatonin

60 Chewable Tablets

ADVANCED FAST ACTING FORMULA*



Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3.5 g	1%‡
Sugars	3 g	
Suntheanine® L-Theanine	200 mg	**
5-Hydroxytryptophan (5-HTP) (Griffonia simplicifolia) (seed)	30 mg	**
Melatonin	3 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Organic cane sugar, stearic acid, xylitol, silica, natural fruit flavor (banana, pomegranate, pineapple, mango, passion fruit, peach), citric acid, magnesium stearate (vegetable grade).

Suntheanine® is a registered trademark of Taiyo International, Inc.

