

Suggested usage: 2 softgels, 30–45 minutes before bedtime, or as directed by a health professional. Keep out of the reach of children.

Tranquil Sleep formula provides a unique combination of compounds that support relaxation and enhance natural sleep quality.* In an easy-to-swallow softgel that is enteric coated to minimize any possible gastric discomfort.*

Recommended by Dr. Michael Murray, one of the world's leading experts on natural medicine.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada

Distributed by NATURAL FACTORS

14224 167th Avenue SE

Monroe, WA 98272



Recyclable container and label.

**Purity & Potency
Guaranteed**

Stress-Relax

Tranquil Sleep

5-HTP, Suntheanine® & Melatonin

EASY-TO-SWALLOW

90 Enteric Coated Softgels

ADVANCED FAST ACTING FORMULA*



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving
Suntheanine® L-Theanine	200 mg**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed)	30 mg**
Melatonin	3 mg**

** Daily Value not established.

Other ingredients: Softgel (gelatin, glycerin, purified water), organic flaxseed oil, yellow beeswax, sunflower lecithin (non-GMO), aqueous coating solution (purified water, ethylcellulose, medium chain triglycerides [coconut], oleic acid, sodium alginate, stearic acid).

Suntheanine® is a registered trademark of Taiyo International, Inc.

