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Recommendations: 2 tablets daily, or as recommended by your healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 and up.

If pregnant or nursing, consult a healthcare practitioner before using.

Other Ingredients: microcrystalline cellulose, maltodextrin, stearic acid, hydroxypropyl cellulose, croscarmellose sodium, starch, silica, magnesium stearate, calcium sulfate, glycerol monostearate, dicalcium phosphate, hypromellose, glycine.

No yeast, wheat, gluten, dairy, soy, artificial coloring, artificial flavoring, or artificial preservatives. Color variations are normal.

Manufactured exclusively for:
EuroMedica 955 Challenger Drive Green Bay, WI 54311
866-842-7256 EuroMedicaUSA.com

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EuroMedica®

Bio Active Essentials™

**Superior Multivitamin with
Bioactive B-Vitamins and
Chelated Minerals**

60 Tablets

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Tablets Servings Per Container: 30

Amount Per Serving:			%DV	Amount Per Serving:			%DV
Vitamin A (as retinyl palmitate)	2,500 IU	50%		Selenium (as selenium amino acid complex)	50 mcg	71%	
Vitamin C (as calcium ascorbate)	62.5 mg	104%		Copper (as TRAACS® Copper Bisglycinate Chelate)	0.5 mg	25%	
Vitamin D3 (as cholecalciferol)	500 IU	125%		Manganese (as TRAACS® Manganese Bisglycinate Chelate)	2.5 mg	125%	
Vitamin E (as d-alpha and mixed tocopherols)	25 IU	83%		Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	125 mcg	104%	
Vitamin K2 (as Mena Q7® menaquinone-7) from natto	22.5 mcg	28%		Molybdenum (as TRAACS® Molybdenum Bisglycinate Chelate)	62.5 mcg	83%	
Riboflavin (Vitamin B2)	25 mg	1,470%		Potassium (as potassium amino acid complex)	25 mg	1%	
Niacin (Vitamin B3) (as niacin and from niacinamide)	25 mg	125%					
Vitamin B6 (as pyridoxal-5-phosphate)	12.5 mg	625%		Ginger (<i>Zingiber officinale</i>) Root Extract	100 mg	**	
Folate (as (6S)-5-methylfolate) (equivalent to 400 mcg of (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)†	200 mcg	50%		Standardized for 5% gingerols (5 mg)			
Vitamin B12 (as methylcobalamin)	125 mcg	2,083%		Benfotiamine	25 mg	**	
Biotin	250 mcg	83%		Choline (as choline bitartrate)	25 mg	**	
Pantothenic acid (as d-calcium pantothenate)	25 mg	250%		Inositol	25 mg	**	
Calcium (as TRAACS® Calcium Bisglycinate Chelate, calcium fructoborate, calcium ascorbate, and d-calcium pantothenate)	200 mg	20%		Bioflavonoids from Citrus (<i>Citrus aurantium</i>) Peel Extract	12.5 mg	**	
Iodine (from potassium iodide)	75 mcg	50%		PABA (para-aminobenzoic acid)	7.5 mg	**	
Magnesium (TRAACS® Magnesium Bisglycinate Chelate Buffered (Magnesium Bisglycinate Chelate and Magnesium Oxide)	150 mg	37%		Boron (as fructoborate)	750 mcg	**	
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	7.5 mg	50%		Vanadium (as TRAACS® Vanadium Nicotinate Glycinate Chelate)	62.5 mcg	**	

** Daily Value (DV) not established † US Patent No. 7,947,662

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MenaQ7® is a registered trademark of NattoPharma, Norway.
International patents pending.