



Shark Cartilage

A Dietary Supplement



**Douglas
Laboratories[®]**

100 Capsules

Supplement Facts

Serving Size 1 capsule

Servings Per Container 100

Amount Per Serving		%DV
Shark Cartilage (fish) (freeze-dried [vacuum processed] physically processed Shark Cartilage)	740 mg	*

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose,
vegetable stearate and silica.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road • Pittsburgh, PA 15206 USA
www.douglaslab.com

This product contains NO yeast, wheat gluten, soy protein,
milk/dairy, corn, sodium, sugar, starch, artificial coloring,
preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 1 capsule for every 11
pounds of body weight for the first 3 weeks- **NOT TO
EXCEED 18 CAPSULES DAILY**. Take in equal amounts
15 minutes before meals. Thereafter take 4 to 6 capsules daily
or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place (59°-
77°F/15°-25°C) (35-40% relative humidity). Temperatures
outside package, do not use if outer seal is missing.

Healthcare Professionals worldwide
recommend Douglas Laboratories.
Learn why at www.whyyoung.com

Formula #1821

