

Suggested Usage: Take 2 capsules daily, preferably in divided doses, with food.

NOW® Cal-Mag Caps contain the minerals that are essential for bone health.* In addition to Calcium and Magnesium, Cal-Mag Caps provide chelated, highly absorbable forms of Zinc, Copper and Manganese, three trace minerals known to support healthy bone metabolism.* Vitamin D has also been included to support Calcium metabolism.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

L-OptiZinc® is a registered trademark of InterHealth Nutraceuticals Inc.

Store in a cool, dry place after opening.

Please Recycle.

CAPSULE SIZE

CODE 1265B V4



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Cal-Mag Caps

Supports Bone Health*

With Trace Minerals
and Vitamin D
120 Capsules
A Dietary Supplement

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	500 IU	125%
Calcium (from 80% Cal. Carbonate, 10% Cal. Citrate, 10% Cal. Malate)	500 mg	50%
Magnesium (from 80% Mag. Oxide, 10% Mag. Citrate, 10% Mag. Malate)	250 mg	63%
Zinc (from L-OptiZinc® Monomethionine)	7.5 mg	50%
Copper (from Copper AAC*)	0.5 mg	25%
Manganese (from Manganese AAC*)	2.5 mg	125%
Trace Mineral Concentrate	50 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Cellulose.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. AAC* = Amino Acid Chelate

