DIRECTIONS: Take 1 tablet as needed. Do not exceed 3 tablets daily. Do not take within 5 hours of hedtime

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNINGS: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use if pregnant, nursing, prone to dehydration or exposed to excessive heat. Before using this product, consult a licensed, qualified health care professional if you are unaware of your current health condition, or if you have been treated for, diagnosed with or have a family history of any medical condition, including but not limited to: high or low blood pressure, diabetes, anxiety, cardiovascular, psychiatric or seizure disorders, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, or difficulty urinating due to prostate enlargement, or if you are taking any other prescription or over-the-counter medication. This product contains approximately 200mg of caffeine per tablet, or the equivalent of about 2 cups of coffee, and may not be appropriate for caffeine-sensitive individuals. This product should not be used in combination with caffeine or stimulants from other sources. including but not limited to: coffee, tea, soda, other dietary supplements and medications. Too much caffeine may cause nervousness, irritability, sleeplessness, and rapid heart rate. Immediately discontinue use and consult a licensed, qualified health care professional if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommendations for use. Use only as directed. Do not use if safety seal is broken or missing. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.





DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 100

%DV* Amount Per Serving

Calcium (from Calcium Carbonate)......120mg 10% Caffeine Anhydrous......200 mg

Percent Daily Value based on a 2,000 calorie diet. ** Daily value not established

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate



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