











1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN before workout ALLERGEN FREE | GLUTEN FREE | BSE/TSE FREE

Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE into 12-14 ounces of water and consume 30-45 minutes prior to resistance training. Vary the amount of water to achieve your desired

flavor level. PRE is extremely powerful, first time users should begin

use with 1/2 scoop or less to assess your tolerance. DO NOT EXCEED

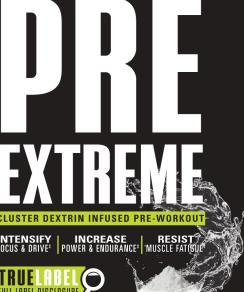
Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, sensitive to caffeine, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use under extreme conditions of heat, CARDIOVASCULAR EXERTION or dehydration, CONTAINS CAFFEINE. Do not use with caffeine or stimulant-containing medications, foods or beverages because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Discontinue use and consult with your



CarnoSyn by Natural Alternatives International, Inc. (NAI). NAI is also

Manufactured by NutraBio Labs, Inc.,

health care professional if you experience any adverse reaction to this product. Do not exceed recommended Nitrosigine® is a registered trademark of Nutrition 21, LLC and is covered by US Patent 5,707,970; 6,156,735; 6,344,444; and 7,576,132 Cluster Dextrin®







INSPECTED FACILITY

9

	Amount Per Serv
Calories)9
Total Carbohydrate	15 g
Vitamin C	150 mg
Vitamin B3 (as niacin)	30 mg
Vitamin B6 (as pyridoxine HCI)	20 mg
Vitamin B12 (as methylcobalamin)	150 mcg
Calcium	95 mç
Phosphorus	95 mg
Magnesium	40 mg
Sodium	50 mg
Potassium	80 mg
Rapid Glycogen Pre-load System	
Highly Branched Cyclic Dextrin (as ClusterDextrin®)	rDextrin®) 15

NUTRABIO

WITHOUT COMPROMISE SINCE 1996

STORE IN A COOL DRY PLACE



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This product is not intended to diagnose, treat, cure or prevent any disease.