USAGE: Take 1 softgel up to 3 times per day with food or as directed by your qualified healthcare professional

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult 5 1.0 your healthcare professional before using this product.

Q-absorb® is a proliposome lipid-

soluble delivery system clinically shown in humans to increase Co-Q10 levels by nearly 400% over baseline with exercise and 3-4 times better absorbed than chewable Co-Q10 tablets.* Co-Q10 supports heart function as a component of the electron transport system, needed for ATP (i.e., energy) production within the cells, and as an antioxidant protects mitochondrial membranes and cholesterol from oxidation.*

Jarrow Formulas® Q-absorb® restores Co-Q10 levels reduced by the use of statins."

Jarrow Formulas® Co-Q10 is derived from fermentation and consists only of the natural trans configuration, the same as is synthesized in the human body. Jarrow Formulas® supports clinical research on Coenzyme Q10.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quabsorb® raised

nlasma Co. Oto by

300% over baselin

exercise. Q-absort

Co-Q10 by 394%

Receline

0.81

300 mg/day; 4 weeks; 23 subjects

Q-absorb® in humans, With

Exercise

4.0

Q-absorb[®] 100% Natural Trans Form CO-Q10

Enhanced Absorption ProSome™ Formula

60 SOFTGELS

Supports Heart Function*

GLUTEN

Kaneka Q10° is a registered trademark of the Kaneka Corporation of Japan.

Particle formation inside softgel is normal and dissolves after ingestion.

10114QQ160

PROD # 106012



Supplement Facts Serving Size 1 Softgel Servings Per Container 60

Amount Per Serving % DV Coenzyme Q10 (Ubiquinone) 100 mg

* Daily Value not established.

Distributed Exclusively by:

Jarrow FORMULAS"

Superior Nutrition and Formulation™

PO Box 35994

Los Angeles, CA 90035-4317 www.Jarrow.com

Other Ingredients: Soy lecithin, medium chain glycerides (MCGs) and gamma tocopherol. Softgel consists of gelatin, glycerin and water. Caramel and carob extract (added as a light barrier). Contains: Sov.

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

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Lot # Best Used Before: