

USAGE: Take 1 softgel once or twice per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® QH+PQQ™ is the powerful combination of QH (ubiquinol) with PQQ (pyrroloquinoline quinone), which is considered by some authorities to be an essential nutrient. QH is the reduced (active antioxidant) state of Co-Q10, the form produced by our cells. It is significantly better absorbed than ubiquinone. PQQ with QH promotes the creation of new mitochondria, a process known as mitochondrial biogenesis.* QH+PQQ™ supports both heart health and cognitive function.*

Kaneka QH® is a registered trademark of the Kaneka Corporation of Japan.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
F O R M U L A S ®

Ubiquinol + Pyrroloquinoline quinone



Promotes Mitochondrial Biogenesis*
Supports Heart Health* and Cognitive Function*

60
SOFTGELS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

	Amount Per Serving	% DV
Ubiquinol (Kaneka QH®)	100 mg	*
BioPQQ™ (Pyrroloquinoline quinone disodium salt)	10 mg	*

* Daily Value not established.

Other Ingredients: Medium chain triglycerides, sunflower lecithin, beeswax, rosemary extract, mixed tocopherols and ascorbyl palmitate. Softgel consists of gelatin, glycerin, purified water and annatto (as a light barrier).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Particle formation inside softgel is normal and dissolves after ingestion.

BioPQQ™ is a trademark of MGC (Japan).



Distributed Exclusively by:

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