

FAST 5™ packs the latest scientific research into a potent muscle building powerhouse. Primarily an intra-workout product, **FAST 5™** can also be used pre-workout or post-workout. It can also be used to enhance any pre-, intra-, or post-workout product. Furthermore, **FAST 5™** can be added to protein shakes and/or meals to significantly increase muscle protein synthesis.

During training, muscle protein breakdown is increased, the extent of which is dependent on amino acid availability. **FAST 5™** contains a potent combination of **PeptoPro®** (Casein Protein Hydrolysates) along with a 2:2:1 ratio of BCAAs which are used to fuel working muscles and stimulate muscle protein synthesis. This 2:2:1 Leucine, Isoleucine, Valine Ratio is a **VPX® Patent Pending** Proprietary Blend of BCAAs. Consuming the Patent Pending 2:2:1 ratio in **FAST 5™** allows you to ignite the explosive muscle building power of not only mTOR, but also GLUT4! It's the mTOR / GLUT4 Bio-Synergistic Sizzle that's going to give you the muscle and performance edge to kick butt on the field or in the gym!

FAST 5™ also reduces whole body protein breakdowns, which in turn increases recovery time and reduces Delayed Onset Muscle Soreness (DOMS). **FAST 5™** was designed with the elite athlete in mind. The revolutionary **FAST 5™** muscle building cocktail is YOUR scientific secret to packing on rock hard, ripped muscle FAST!

Be sure to get a copy of Jack O'woc's new book, *Super Creatine: New Creatine Peptides Ignite Explosive Muscle Growth!*
For more info visit vpsports.com.

- **Patent Pending:** L-Leucyl-L-Isoleucine: Methods of use of Dipeptides and Tripeptides of Branched Chain Amino Acids and Derivatives
- **Patent Pending:** 2:2:1 Leucine, Isoleucine, Valine Ratio is a Patent Pending Proprietary Blend of BCAAs



Do not purchase if safety seal is broken or missing.
Store container between 15°C to 25°C (59°F to 77°F).
Product contains heat and moisture sensitive
materials which can cause clumping and settling. Shake well before opening.



Made in USA from Domestic & Imported
Ingredients in GMP State of the Art Facilities

*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.



ULTRAPURE™ FAST 5™ PEPTIDEX™



WATERMELON
NATURAL & ARTIFICIAL
FLAVORS



Supplement Facts

Serving Size: 1 scoop (5.7 g)
Servings Per Container: 40

	Amount Per Serving	%DV
Calories	15	
Sodium	25 mg	1%*
Potassium	55 mg	2%
Total Carbohydrate	0 g	0%*
Protein	4 g	8%*
Proprietary Designer Peptide Matrix 1,500 mg		**
PeptoPro® Casein Hydrolysate		**
L-Leucyl-L-Isoleucine Peptide [Patent Pending]		**
Patent Pending 2:2:1 Ratio 3000 mg BCAAs		
L-Leucine	1,200 mg	**
L-Isoleucine	1,200 mg	**
L-Valine	600 mg	**
Vitamin D3 (Cholecalciferol)	1,000 I.U.	250%

Not a Significant Source of Vitamins A, Vitamins C, calcium and iron.
* Percent Daily Values (%DV) are based on a 2,000-calorie diet.
** Daily Value not established

INGREDIENTS: natural and artificial flavors, citric acid anhydrous, Sucralean® brand sucralose, and potassium citrate monohydrate.

ALLERGEN INFORMATION: Contains Milk

ALLERGEN WARNING: Manufactured in a facility that processes milk, eggs, shellfish, tree nuts, peanuts, wheat and soy.

RECOMMENDED USE: **FAST 5™** can be mixed with water during your workout, or with **mTORC1™ PREWORKOUT mTOR IGNITOR** before your workout. Mix one (1) level scoop of **FAST 5™** with 6 ounces of water or your favorite beverage.

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EVENT OR OBTAIN PRODUCT INFORMATION, CONTACT 1-800-
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VPX 2000

DIETARY SUPPLEMENT

NET WT 8.05 OZ (228 G)

VPXSPORTS.COM