



**Suggested usage:** 1 capsule 1–3 times per day or as directed by a health professional.

**Cautions:** As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

Methyl-sulfonyl-methane (MSM) is a naturally occurring substance known for its diverse health benefits, including support for healthy hair, skin, nails, and joints. Supplementation of MSM is a safe and natural way to optimize your health.\*

**Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.**

*Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.*

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**PRODUCT OF CANADA**

Manufactured by Natural Factors Canada  
Distributed by NATURAL FACTORS  
14224 167th Avenue SE  
Monroe, WA 98272

Recyclable container and label.



LOT & EXPIRY 1.3125" x .25" Single Line

natural  
**Factors**

**MSM**

Methyl-sulfonyl-methane

100% PURE

1000 mg

180 Capsules

**HEALTHY JOINT FUNCTION\***

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
OptiMSM® Methyl-sulfonyl-methane	1000 mg**

\*\* Daily Value not established

Other ingredients: Gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade).

OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

