



Suggested usage: 1 capsule 1–3 times per day or as directed by a health professional.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding or trying to conceive, or if you are taking medication, have a medical condition or anticipate a surgery. Keep out of the reach of children.

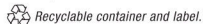
Methyl-sulfonyl-methane (MSM) is a naturally occurring substance known for its diverse health benefits, including support for healthy hair, skin, nails, and joints. Supplementation of MSM is a safe and natural way to optimize your health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



LOT & EXPIRY 1.3125" x .25" Single Line

natural Factors®

MSM

Methyl-sulfonyl-methane

100% PURE

1000 mg

90 Capsules

HEALTHY JOINT FUNCTION*

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
OptiMSM® Methyl-sulfonyl-methane	1000 mg**

** Daily Value not established.

Other ingredients: Gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade).

OptiMSM® OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

